

THE HAUSDORFF DIMENSION OF VISIBLE SETS OF PLANAR CONTINUA

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ABSTRACT. For a compact set $\Gamma \subset \mathbb{R}^2$ and a point x , we define the visible part of Γ from x to be the set

$$\Gamma_x = \{u \in \Gamma : [x, u] \cap \Gamma = \{u\}\}.$$

(Here $[x, u]$ denotes the closed line segment joining x to u .)

In this paper, we use energies to show that if Γ is a compact connected set of Hausdorff dimension larger than one, then for (Lebesgue) almost every point $x \in \mathbb{R}^2$, the Hausdorff dimension of Γ_x is strictly less than the Hausdorff dimension of Γ . In fact, for almost every x ,

$$\dim_H(\Gamma_x) \leq \frac{1}{2} + \sqrt{\dim_H(\Gamma) - \frac{3}{4}}.$$

We also give an estimate of the Hausdorff dimension of those points where the visible set has dimension larger than $\sigma + \frac{1}{2} + \sqrt{\dim_H(\Gamma) - \frac{3}{4}}$ for some $\sigma > 0$.

1. INTRODUCTION

Given a subset E of the plane, Urysohn [11, 12] defined the notion of linear accessibility for a point $p \in E$: p is *linearly accessible* if there is a non-degenerate line segment L that only meets E at the point p . In a sequence of papers, Nikodym [7, 8, 9] investigated the relationship between the set theoretic complexity of E and the set of linearly accessible points.

In this paper, we consider those points of a planar continuum (a compact connected subset of the plane) Γ that are linearly accessible from a given fixed point x and investigate the relationship between the (Hausdorff) dimensions of the compact set and its linearly accessible part from x for Lebesgue almost all $x \in \mathbb{R}^2 \setminus \Gamma$. Denoting Γ_x to be the points of Γ that are linearly accessible from x , it is clear that $\dim_H(\Gamma_x) \leq \dim_H(\Gamma)$ for all $x \in \mathbb{R}^2 \setminus \Gamma$. However, more surprisingly, for most points there is a drop in dimension.

Proceeding more formally, if for a compact set in the plane, K , and $x \in \mathbb{R}^2$ we define the visible part of K from x by

$$K_x = \{u \in K : [x, u] \cap K = \{u\}\},$$

where $[x, u]$ denotes the closed line segment joining x to u , then our results may be summarised as follows.

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Theorem 1.1. *If Γ is a planar continuum with $\dim_H(\Gamma) \geq 1$, then for (Lebesgue) almost all $x \in \mathbb{R}^2$,*

$$\dim_H(\Gamma_x) \leq \frac{1}{2} + \sqrt{\dim_H(\Gamma) - \frac{3}{4}}.$$

This follows directly from the stronger theorem that we prove in this paper.

Theorem 1.2. *Let Γ be a planar continuum with $\dim_H(\Gamma) > 1$. Then for $\frac{1}{2} + \sqrt{\dim_H(\Gamma) - \frac{3}{4}} < s \leq \dim_H(\Gamma)$,*

$$\dim_H\{x \in \mathbb{R}^2 : \dim_H(\Gamma_x) > s\} \leq \frac{\dim_H(\Gamma) - s}{s - 1}.$$

(To see how Theorem 1.1 follows from Theorem 1.2, first observe that if $\dim_H(\Gamma) = 1$, then Theorem 1.1 is obviously true. If $d = \dim_H(\Gamma) > 1$, then Theorem 1.1 follows provided we show that for $\sigma > 0$,

$$\dim_H\left\{x \in \mathbb{R}^2 : \dim_H(\Gamma_x) > \sigma + \frac{1}{2} + \sqrt{d - \frac{3}{4}}\right\} < 2.$$

However $1 < \frac{1}{2} + \sqrt{d - \frac{3}{4}} < d$, and Theorem 1.2 implies that for $s \in (\frac{1}{2} + \sqrt{d - \frac{3}{4}}, d]$, $\dim_H\{x \in \mathbb{R}^2 : \dim_H(\Gamma_x) > s\} \leq \frac{d-s}{s-1}$. An easy algebraic manipulation then shows that

$$\frac{d-s}{s-1} < \left(d - \frac{1}{2} - \sqrt{d - \frac{3}{4}}\right) / \left(-\frac{1}{2} + \sqrt{d - \frac{3}{4}}\right) < 2,$$

for $d \in (1, 7)$.)

In an earlier paper [3], it is shown that for a particular class continua (namely quasicircles), whenever x lies outside the set, $\dim_H(\Gamma_x) = 1$. Since quasicircles can have dimension arbitrarily close to 2, and for connected sets of positive dimension, $\dim_H(\Gamma_x) \geq 1$ whenever $x \notin \Gamma$, it follows that, unless the optimal upper bound for $\dim_H(\Gamma_x)$ is one, there is no general result concerning the lower bound of $\dim_H(\Gamma_x)$ beyond the trivial estimate of one.

There are many possible directions for future work. Despite the fact that the upper bound given in Theorem 1.1 is the golden-ratio for $\dim_H(\Gamma) = 2$, there is no good reason to believe that this bound is optimal, since the proof we give in this paper uses at least one sub-optimal estimate. Indeed, Theorem 1.2 gives no information on the size of the set of points where the visible sets have Hausdorff dimension between 1 and $\frac{1}{2} + \sqrt{\dim_H(\Gamma) - \frac{3}{4}}$ — it may be that there can be many points where the visible set has dimension between these bounds.

Our method of proving Theorem 1.2 relies in an essential way on the properties of connected sets in the plane; in particular that the points visible from one location together with the connectedness of the original set result in certain regions of the plane not being visible from a different location. It is unclear whether a similar result could possibly hold in higher dimensions. Whether a dimension drop must occur for totally disconnected subsets of the plane is also unclear: in [3], it is shown that for the cross-product of a Cantor set with itself in the plane, there is a dimension drop (to 1), provided that the original Cantor set has Hausdorff dimension sufficiently close to 1.

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2. BACKGROUND RESULTS AND PRELIMINARY ESTIMATES

In this section we summarise the main definitions and results that we use.

Most of the time we shall be working in the plane, \mathbb{R}^2 , endowed with the usual norm, $|\cdot|$ and inner product $\langle \cdot, \cdot \rangle$. We let e_1 and e_2 denote the usual basis vectors in \mathbb{R}^2 and set $x^\wedge = x/|x|$ for $x \neq 0$, and $x^\perp = \langle x, e_1 \rangle e_2 - \langle x, e_2 \rangle e_1$ for $x \in \mathbb{R}^2$. For $x \in \mathbb{R}^2$ and $A \subseteq \mathbb{R}^2$, define $\text{arc-diam}_x(A)$ to be the angle (in radians) subtended by the smallest arc in the circle $\{u : |x - u| = 1\}$ that contains the radial projection of A onto this circle. (If $x \in A$, then $\text{arc-diam}_x(A) = 2\pi$.) We let $\text{diam}(A)$ denote the usual diameter of a set A .

For a subset A of the plane and $r > 0$, let

$$B(A, r) = \{y \in \mathbb{R}^2 : \text{There is } x \in A \text{ with } |y - x| \leq r\}$$

and, in a slight abuse of notation, let $B(x, r) = B(\{x\}, r)$, the usual closed ball of centre x and radius r . For a point x and a set A , we define $d(x, A) = \inf\{|x - y| : y \in A\}$.

Let X be a Polish space. (That is, X is a complete, separable, metrisable topological space.) A sub-additive, non-negative set function μ on X is a Radon measure if it is a Borel measure (all Borel sets are μ -measurable) for which all compact sets have finite measure and both

$$\mu(U) = \sup\{\mu(K) : K \subset U, K \text{ is compact}\}, \text{ for open sets } U$$

and

$$\mu(A) = \inf\{\mu(U) : A \subset U, U \text{ is open}\}, \text{ for } A \subseteq X.$$

We denote the set of Radon measures on X by $\mathcal{M}(X)$.

We let $\sigma(\mathbf{A}(X))$ denote the σ -algebra generated by the analytic subsets of X , we suppress mention of X when this is clear from the context. If μ is a Radon measure on this space then all sets in $\sigma(\mathbf{A})$ are μ -measurable, see [4, (21.10)].

For $s \in \mathbb{R}$ and $A \subseteq X$, we define

$$\mathcal{M}^s(A) = \{\nu \in \mathcal{M}(X) : \nu(A) > 0 \text{ and } \nu(B(x, r)) \leq r^s \text{ for } x \in X, \text{ and } r > 0\}.$$

If μ is a Radon measure on the plane and $s \in \mathbb{R}$, then $I_s(\mu)$ denotes the s -energy of μ given by

$$I_s(\mu) = \iint |x - y|^{-s} d\mu(x) d\mu(y).$$

The Hausdorff dimension of a set is defined in the usual way via Hausdorff measures, see [1, 2, 6, 10]. The following theorem summarises some useful equivalent ways of finding the Hausdorff dimension of a set.

Theorem 2.1. *Let A be an analytic subset of a Euclidean space, \mathbb{R}^n . Then*

$$\begin{aligned} \dim_H(A) &= \sup\{s \in \mathbb{R} : \mathcal{M}^s(A) \neq \emptyset\} \\ &= \sup\{s \in \mathbb{R} : \text{There is } \mu \in \mathcal{M}(\mathbb{R}^n) \text{ with } \mu(A) > 0 \text{ and } I_s(\mu) < \infty\} \\ &= \sup\{\dim_H(K) : K \subseteq A \text{ and } K \text{ is compact}\}. \end{aligned}$$

Proof. See [6, Theorem 8.8] and [1, Theorem 6.4] together with [2, 2.10.48] or [10, Theorem 57]. \square

2.1. Elementary geometric estimates. We end this subsection by recording some simple geometric estimates that we use later.

For $x \in \mathbb{R}^2$, $u \in \mathbb{R}^2 \setminus \{0\}$ and $\sigma > 0$, let

$$V(x, u, \sigma) = \{y \in \mathbb{R}^2 : |\langle y - x, u^\perp \rangle| < \sigma \langle y - x, u \rangle\},$$

the open cone with vertex x , direction u and opening σ . The following lemma gives a lower bound on the distance of a point in a particular subregion of a cone from the vertex.

Lemma 2.1. *Let $p \in \mathbb{R}^2 \setminus \{0\}$ and $\sigma, \tau > 0$. If*

$$u \in V(0, p, \sigma) \setminus V(p, -p, \tau),$$

then

$$\langle u - p, p^\wedge \rangle \geq -\frac{\sigma}{\sigma + \tau}|p|.$$

Proof. Suppose that $u \in V(0, p, \sigma) \setminus V(p, -p, \tau)$, then

$$\langle u - p, p^\wedge \rangle \geq \langle q - p, p^\wedge \rangle$$

where

$$q = \mu(p + \sigma p^\perp) = p + \lambda(-p + \tau p^\perp),$$

for some $\mu, \lambda > 0$. Calculating $\langle q, p^\perp \rangle$ gives

$$\mu = \lambda \frac{\tau}{\sigma}$$

and substituting for μ in $\langle q, p \rangle$ gives

$$\lambda = \frac{\sigma}{\sigma + \tau}.$$

Hence

$$\langle q - p, p^\wedge \rangle \geq -\frac{\sigma}{\sigma + \tau}|p|,$$

as required. \square

The second lemma is slightly trickier to prove and is an estimate of the angle subtended by points $p - a$ and $p + a$ with the origin when a and p are sufficiently separated. For $x \in \mathbb{R}^2$, $d_-, d_+ \in \mathbb{R}^+$, let $A(x, d_-, d_+) = B(x, d_+) \setminus B(x, d_-)$, the half-open annulus centred on x with inner radius d_- and outer radius d_+ .

Lemma 2.2. *Suppose that $0 < d_- \leq d_+$, $a \in B(0, \frac{1}{2}d_-) \setminus \{0\}$ and $E \subseteq A(0, d_-, d_+)$ is a compact set. Let $\alpha = \min\{|\langle p, a^\perp \rangle| / \langle p, a \rangle| : p \in E\}$. If $\alpha \leq 1$, then for all $p \in E$*

$$\frac{3}{5} \leq \frac{\langle p - a, p + a \rangle}{|p - a||p + a|} \leq 1 - \frac{9}{17d_+^2}(|a|\alpha)^2.$$

Proof. For any $p \in \mathbb{R}^2$,

$$\langle p - a, p + a \rangle = |p|^2 - |a|^2$$

and

$$|p - a|^2 |p + a|^2 = (|p|^2 + |a|^2)^2 - 4\langle p, a \rangle^2.$$

On defining $A = \langle p, a^\perp \rangle / \langle p, a \rangle$ (possibly infinite), then $1 + A^2 = \frac{|p|^2 |a|^2}{\langle p, a \rangle^2}$, and so

$$|p - a|^2 |p + a|^2 = \frac{(|p|^2 - |a|^2)^2 + (|p|^2 + |a|^2)^2 A^2}{1 + A^2}.$$

(We take $|p - a|^2 |p + a|^2 = (|p|^2 + |a|^2)^2$ for $|A| = +\infty$.) Hence

$$(*) \quad \left(\frac{\langle p - a, p + a \rangle}{|p - a| |p + a|} \right)^2 = \frac{1 + A^2}{1 + (1 + \mu)^2 A^2} = 1 - \frac{\mu(2 + \mu)A^2}{1 + (1 + \mu)^2 A^2},$$

where

$$\mu = \frac{2(|a|/|p|)^2}{1 - (|a|/|p|)^2}.$$

Expression (*) is a monotonic decreasing function of A . Hence for $p \in E$, (*) is maximised when $A = \alpha$, and so, since $\frac{\mu(2+\mu)\alpha^2}{1+(1+\mu)^2\alpha^2} = 1 - \frac{1+\alpha^2}{1+(1+\mu)^2\alpha^2} \in [0, 1]$, we use that for $0 \leq x \leq 1$, $(1-x)^{\frac{1}{2}} \leq 1 - \frac{1}{2}x$ to deduce

$$\frac{\langle p - a, p + a \rangle}{|p - a| |p + a|} \leq 1 - \frac{1}{2} \left(\frac{\mu(2 + \mu)\alpha^2}{1 + (1 + \mu)^2 \alpha^2} \right).$$

However

$$0 < 2 \frac{|a|^2}{d_+^2} \leq 2 \left(\frac{|a|}{|p|} \right)^2 \leq \mu = \frac{2(|a|/|p|)^2}{1 - (|a|/|p|)^2} \leq \frac{8}{3} \left(\frac{|a|}{|p|} \right)^2 \leq \frac{2}{3},$$

and so $(2 + \mu)/(1 + (1 + \mu)^2 \alpha^2) \geq \frac{9}{17}$, giving

$$\frac{\langle p - a, p + a \rangle}{|p - a| |p + a|} \leq 1 - \frac{9}{34} \mu \alpha^2 \leq 1 - \frac{9}{17 d_+^2} (|a| \alpha)^2.$$

The lower bound follows from recognising that (*) is minimised when $p = d_- a^\perp / |a|$, giving $A = +\infty$, $\mu = 2|a|^2/(d_-^2 - |a|^2)$ and

$$\left(\frac{\langle p - a, p + a \rangle}{|p - a| |p + a|} \right)^2 = \frac{1}{(1 + \mu)^2} \geq \left(\frac{3}{5} \right)^2.$$

□

2.2. Elementary measure estimates. We now prove some estimates concerning the geometric distribution of mass for Radon measures in the plane.

We start by recording a simple mass estimate.

Lemma 2.3. *Fix $s > 0$ and $0 < d_+$. Let ν be a Radon measure such that for all $u \in \mathbb{R}^2$ and $r > 0$, $\nu(B(u, r)) \leq r^s$. Suppose that $x \in \mathbb{R}^2$ and $V \subseteq \mathbb{R}^2$, then*

$$\nu(V \cap B(x, d_+)) \leq c \text{arc-diam}_x(V \cap B(x, d_+))^{s-1},$$

for some fixed positive constant c depending only on d_+ and s .

Proof. We may suppose that $x = 0$. Let $\theta = \text{arc-diam}_0(V)$. If $\theta \leq 1/2$, then $V \cap A(0, d_-, d_+)$ may be covered by $1 + \frac{d_+}{d_+ \theta}$ boxes of side $d_+ \theta$. Hence a simple estimate of mass gives

$$\nu(V \cap B(0, d_+)) \leq 2^{\frac{1}{2}s} (1 + \theta^{-1}) (d_+ \theta)^s \leq 3 d_+^s 2^{\frac{1}{2}s-1} \theta^{s-1},$$

and the lemma follows for $\theta \leq 1/2$. If $\theta \geq 1/2$, then we use the estimate that $\nu(B(0, d_+)) \leq d_+^s$. □

We now prove a lemma on the distribution of mass for an arbitrary measure in semi-infinite tubes. To do this we define for $x \in \mathbb{R}^2$ and $r > 0$,

$$T^+(x, r) = \{z \in \mathbb{R}^2 : |p_1(z) - p_1(x)| < r \text{ and } p_2(z) \geq p_2(x)\}$$

and

$$T^-(x, r) = \{z \in \mathbb{R}^2 : |p_1(z) - p_1(x)| < r \text{ and } p_2(z) \leq p_2(x)\},$$

where p_1 and p_2 denote orthogonal projection onto the x - and y -axis, respectively. Thus $T^+(x, r)$ is a semi-open vertical tube of width $2r$ extending upwards from x and $T^-(x, r)$ is a semi-open vertical tube of width $2r$ extending downwards from x .

Proposition 2.1. *Suppose ν is a compactly supported Radon measure in the plane. Then for $\xi > 0$ and ν -a.e. x*

$$\liminf_{r \rightarrow 0} \frac{\nu(T^+(x, r))}{r^{1+\xi}} = \liminf_{r \rightarrow 0} \frac{\nu(T^-(x, r))}{r^{1+\xi}} = +\infty.$$

Proof. We give the proof for T^+ ; the proof for T^- is similar. Without loss of generality we can assume that $\text{spt } \nu$ lies in the unit square $[0, 1] \times [0, 1]$.

For $M \in \mathbb{N}$ and $i \in \mathbb{N}$, let

$$A_{M,i} = \{x \in [0, 1] \times [0, 1] : \nu(T^+(x, 2^{-i})) \leq M2^{-i(1+\xi)}\},$$

and define

$$B_{M,i} = \bigcup_{x \in A_{M,i}} ([x - 2^{-(i+1)}, x + 2^{-(i+1)}] \times [-1, 1]).$$

Notice that for each $z \in B_{M,i}$, $\nu(A_{M,i} \cap T^+(z, 2^{-(i+1)})) \leq M2^{-i(1+\xi)}$: for if $A_{M,i} \cap T^+(z, 2^{-(i+1)}) = \emptyset$, then there is nothing to prove; otherwise if we set

$$H^+ = T^+(z, 2^{-(i+1)}) \cap \bigcup \{T^+(x, 2^{-i}) : x \in A_{M,i} \cap T^+(z, 2^{-(i+1)})\},$$

then $\nu(A_{M,i} \cap T^+(z, 2^{-(i+1)})) \leq \nu(H^+)$ and either $H^+ = T^+(w, 2^{-(i+1)})$ or $H^+ = \text{int}(T^+(w, 2^{-(i+1)}))$ for some $w \in \mathbb{R}^2$ (that lies directly above x) — in the first case, $H^+ \subseteq T^+(x, 2^{-i})$ for some $x \in A_{M,i}$, and in the second case, H^+ is an open set with

$$\nu(H^+) \leq \sup_{x \in A_{M,i} \cap T^+(z, 2^{-(i+1)})} \nu(T^+(x, 2^{-i}) \leq M2^{-i(1+\xi)}.$$

Since $\mathcal{L}(B_{M,i}) \leq 9$, we can use Fubini's theorem to estimate,

$$\begin{aligned} 9M2^{-i(1+\xi)} &\geq \int_{B_{M,i}} \nu(A_{M,i} \cap T^+(x, 2^{-(i+1)})) dx \\ &= \int_{A_{M,i}} \mathcal{L}(B_{M,i} \cap T^-(y, 2^{-(i+1)})) d\nu(y) \\ &\geq 2^{-(i+1)} \nu(A_{M,i}). \end{aligned}$$

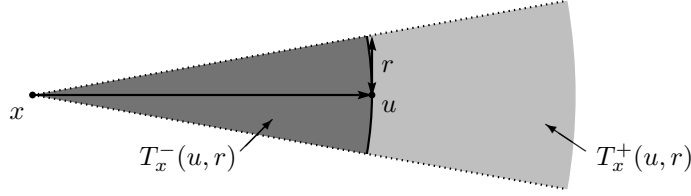
Hence

$$\nu(A_{M,i}) \leq 18M2^{-i\xi},$$

and so $\sum_i \nu(A_{M,i}) < \infty$, implying that

$$\nu \left(\left\{ x : \liminf_{i \rightarrow \infty} \frac{\nu(T^+(x, 2^{-i}))}{2^{-i(1+\xi)}} \leq M \right\} \right) = 0.$$

Since $\liminf_{r \rightarrow 0} r^{-(1+\xi)} \nu(T^+(x, r)) \geq 2^{-(1+\xi)} \liminf_{i \rightarrow \infty} 2^{i(1+\xi)} \nu(T^+(x, 2^{-i}))$ for any $x \in \mathbb{R}^2$, the proposition follows. \square

FIGURE 1. The radial tubes $T_x^-(u, r)$ and $T_x^+(u, r)$.

For $x \neq u \in \mathbb{R}^2$ and $r > 0$, define radial tubes $T_x^+(u, r)$ and $T_x^-(u, r)$ by

$$T_x^+(u, r) = V(x, u - x, r/d(x, u)) \cap \{z \in \mathbb{R}^2 : d(x, z) \geq d(x, u)\}$$

and

$$T_x^-(u, r) = V(x, u - x, r/d(x, u)) \cap \{z \in \mathbb{R}^2 : d(x, z) \leq d(x, u)\},$$

see Figure 1.

It is straightforward to transform our lemma about parallel tubes to one concerning radial tubes.

Lemma 2.4. *Let ν be a compactly supported Radon measure in the plane and suppose $x \in \mathbb{R}^2$ satisfies $\nu(\{x\}) = 0$. Then for $\xi > 0$ and for ν -a.e. u*

$$\liminf_{r \rightarrow 0} \frac{\nu(T_x^+(u, r))}{r^{1+\xi}} = \liminf_{r \rightarrow 0} \frac{\nu(T_x^-(u, r))}{r^{1+\xi}} = +\infty.$$

Proof. Since $\nu(\{x\}) = 0$, it is enough to prove the lemma when there is $\rho > 0$ for which $\nu(B(x, \rho)) = 0$. Since $\text{spt } \nu$ is compact, we can find some $R > \rho$ for which $\text{spt } \nu \subset B(x, R)$. Moreover, by restricting and translating ν suitably, we may suppose that $\text{spt } \nu$ is a subset of a quadrant of the plane with corner at x , $Q(x)$ say, intersected with the annulus $A(x, \rho/2, R)$. It is now straightforward to find an invertible transformation $T: Q(x) \cap A(x, \rho/2, R) \rightarrow \mathbb{R}^2$ (namely, $re^{i\theta} \mapsto (r, \theta)$) which transforms radial line segments from x that intersect this region into half-lines parallel to the y -axis. Moreover $\nu(T_x^+(u, r)) = \nu(T^{-1}(T^+(T(u), cr)))$ for some constant $c > 0$. This gives us the situation described in Proposition 2.1 for the image measure $T_{\#}\nu$, and the claim follows. \square

Later we shall use this lemma to show that for a measure with dimension larger than one, the radial tubes of a typical point u , $T_x^{\pm}(u, r)$, have mass distributed relatively far from u provided r is sufficiently small. For now we just prove part of this statement. The set E is introduced in the following lemma because there is no guarantee that the measure ν is supported on the right set when we use the lemma later in the paper.

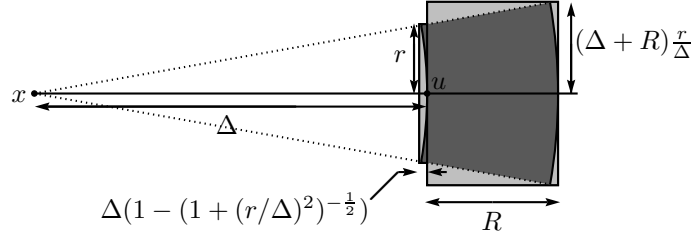
Lemma 2.5. *Let $s > 1$, $0 < r_1 \leq r_0 \leq 1$ and $\xi, M, d_-, c > 0$, and $x \in \mathbb{R}^2$. Suppose that ν is a compactly supported Radon measure on the plane and $F \subseteq E$ are compact sets in the plane satisfying:*

- (1) for all $u \in E$, $|u - x| \geq d_-$;
- (2) for all $u \in E$ and $0 < r \leq r_0$,

$$\nu B(u, r) \leq cr^s;$$

- (3) for all $u \in F$ and $0 < r \leq r_1$,

$$\nu(E \cap T_x^{\pm}(u, r)) > Mr^{1+\xi}.$$

FIGURE 2. Estimating the mass of $T_x^+(u, r)$.

Then there is $r_2 \in (0, 2^{-\frac{1}{2}}r_1]$ and $d_0 > 0$ such that for $u \in F$ and $0 < r \leq r_2$,

$$\nu(E \cap T_x^\pm(u, r) \cap (\mathbb{R}^2 \setminus A(x, |u-x| - d_0r^{2+\xi-s}, |u-x| + d_0r^{2+\xi-s}))) > 0.$$

Proof. Let

$$d_0 = \frac{M}{13}2^{-s/2} \text{ and } r_2 = \min\{r_1/\sqrt{2}, \frac{1}{2}\sqrt{3}d_-, (d_-/d_0)^{\frac{1}{2+\xi-s}}, d_0^{\frac{1}{s-1-\xi}}\}.$$

We give the proof for $T_x^+(u, r)$; the proof for $T_x^-(u, r)$ is similar. By rotating and translating, we may assume that $x = 0$ and the line segment $[x, u]$ is on the positive x -axis. Let $\Delta = |u - x| \geq d_-$.

Elementary geometry shows, since $r \leq \frac{1}{2}\sqrt{3}d_- \leq \frac{1}{2}\sqrt{3}\Delta$ and so $(1 + (r/\Delta)^2)^{-\frac{1}{2}} \geq 1 - \frac{1}{2}(r/\Delta)^2$, that

$$\begin{aligned} T_x^+(u, r) \cap A(x, \Delta - R, \Delta + R) &\subseteq T_x^+(u, r) \cap B(x, \Delta + R) \\ &\subseteq ([\Delta - \frac{1}{2}r^2/\Delta, \Delta] \times [-r, r]) \cup ([\Delta, \Delta + R] \times [-r(1 + R/\Delta), r(1 + R/\Delta)]), \end{aligned}$$

for any $R \geq 0$. We choose $R = d_0r^{2+\xi-s}$, see Figure 2.

We estimate that $T_x^+(u, r) \cap A(x, \Delta - R, \Delta + R)$ can be covered by

$$2 + (1 + R/r) \times (2(1 + R/\Delta) + 1)$$

closed squares of side r , since $\frac{1}{2}r^2/\Delta \leq \frac{1}{2}\frac{r_2}{d_-}r < r$. We find that

$$2 + (1 + R/r) \times (2(1 + R/\Delta) + 1) \leq 2R/r + (2R/r)(2(1 + 1) + 1) \leq 12R/r,$$

since $r \leq R \leq \Delta$ and $r \leq 1$. Hence we require at most $12R/r$ balls of radius $\sqrt{2}r$ to cover $E \cap T_x^+(u, r) \cap (A, \Delta - R, \Delta + R)$.

So, since $\sqrt{2}r \leq r_1 \leq r_0$, we estimate that

$$\begin{aligned} \nu(E \cap T_x^+(u, r) \cap (A, \Delta - R, \Delta + R)) &\leq (12R/r) \times 2^{s/2}r^s = 12 \cdot 2^{\frac{s}{2}}d_0r^{1+\xi} \\ &< Mr^{1+\xi}, \end{aligned}$$

proving the lemma. \square

2.3. A ‘two measures’ estimate. In this subsection we investigate the interaction of two measures of dimension larger than one when they are supported on different visible sets of Γ . We show that if two measures of large dimension are supported in different visible sets, then they are ‘disjoint’ in the sense that balls containing points from both visible sets have small mass for both measures: this result is the key idea in our proof, and the remainder of the paper consists mainly of placing ourselves in a position to use it.

In the following proposition, $\mathcal{T}(x, y, p)$ denotes the closed triangle with vertices x , y and p , and $H(x, y; u)$ denotes the closed upper-half plane that has the line segment $[x, y]$ in its boundary and u lying in its interior.

Proposition 2.2. *Let Γ be a non-empty planar continuum. Suppose that $s > 1$, $0 < \xi < s - 1$, $0 < r_1 \leq r_0 \leq 1$, $0 < d_- \leq d_+$ and $M > 0$ are given. Let $x, y \in \mathbb{R}^2 \setminus \Gamma$ satisfy*

$$0 < 2|x - y| < d_- \leq \min\{d(x, \Gamma), d(y, \Gamma)\} \leq \max\{d(x, \Gamma), d(y, \Gamma)\} + \text{diam}(\Gamma) \leq d_+.$$

Let ν_x and ν_y be Radon measures for which $\nu_x(\mathbb{R}^2 \setminus \Gamma_x) = \nu_y(\mathbb{R}^2 \setminus \Gamma_y) = 0$, and let E_x, F_x, E_y, F_y be compact sets for which

$$F_x \subseteq E_x \subseteq \Gamma_x \text{ and } F_y \subseteq E_y \subseteq \Gamma_y.$$

Suppose that:

- (1) *for all $u \in E_x$, $v \in E_y$ and $0 < r \leq r_0$ both*

$$\nu_x(B(u, r)) \leq r^s \text{ and } \nu_y(B(v, r)) \leq r^s;$$

- (2) *for all $u \in F_x$, $v \in F_y$ and $0 < r \leq r_1$ both*

$$\nu_x(T_x^\pm(u, r) \cap E_x) \geq Mr^{1+\xi} \text{ and } \nu_y(T_y^\pm(v, r) \cap E_y) \geq Mr^{1+\xi};$$

- (3) *there is $\psi \in (0, \frac{1}{2})$ such that for $u \in F_x \cup F_y$,*

$$\langle (u - x)^\wedge, (u - y)^\wedge \rangle \in [\frac{1}{2}, 1 - \psi].$$

Then there are constants $\alpha_0, d_1, c_1 > 0$ such that for $u \in F_x$, if $0 < \rho \leq d_1 \psi^{\frac{1}{2} \frac{1}{s-1-\xi}}$, then

$$(2.1) \quad \nu_y(F_y \cap B(u, \rho)) \leq c_1 \psi^{-\frac{1}{2} \left(\frac{s-1}{2+\xi-s} \right)} \rho^{\frac{1+\xi}{2+\xi-s}}.$$

Furthermore, if $v \in F_y \cap B(u, \rho)$, then there is

$$p \in [\frac{1}{2}(x + y), u] \cap B(u, \alpha_0 \psi^{-1/2} \rho)$$

such that $\mathcal{T}(x, y, p) \cap \Gamma = \emptyset$ and

$$V(p, \frac{1}{2}(x + y) - u, \frac{2}{5} \psi^{\frac{1}{2}}) \cap \Gamma \cap H(x, y; u) = \emptyset.$$

Notice that the symmetry of the hypotheses in this proposition imply that a version of (2.1) holds for $u \in F_y$ with ν_y replaced by ν_x and F_y replaced by F_x .

Proof. Let $\alpha_0 = 60d_+/d_-$, $d_1 = \min\{(r_2/\alpha_1)^{\frac{2+\xi-s}{s-1-\xi}}, d_-/\alpha_0, \frac{1}{20}d_-, r_2^{2+\xi-s}\}$ and $c_1 = 2^{5+s/2} \alpha_1^{s-1} (d_+/d_-)$, where $\alpha_1^{2+\xi-s} = (\alpha_0 + 1)/d_0$, and d_0 and r_2 are the constants determined in Lemma 2.5. Suppose the conditions of the proposition are satisfied and let

$$0 < \rho \leq d_1 \psi^{\frac{1}{2} \frac{1}{s-1-\xi}};$$

we must show that

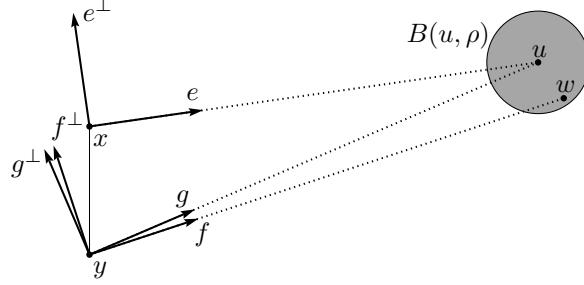
$$\nu_y(F_y \cap B(u, \rho)) \leq c_1 \psi^{-\frac{1}{2} \left(\frac{s-1}{2+\xi-s} \right)} \rho^{\frac{1+\xi}{2+\xi-s}}.$$

If $F_y \cap B(u, \rho) = \emptyset$, then there is nothing to prove. So suppose $w \in F_y \cap B(u, \rho)$ and set (see Figure 3)

$$e = (u - x)^\wedge, \quad f = (w - y)^\wedge \quad \text{and} \quad g = (u - y)^\wedge.$$

Notice that the third hypothesis of the proposition simply states

$$(2.2) \quad \frac{1}{2} \leq \langle e, g \rangle \leq 1 - \psi$$

FIGURE 3. The vectors e , f and g .

and, since

$$\langle e^\perp, g \rangle^2 = 1 - \langle e, g \rangle^2 \geq 1 - (1 - \psi)^2 = \psi(2 - \psi) \geq \psi,$$

it follows that

$$(2.3) \quad |\langle e^\perp, g \rangle| \geq \psi^{\frac{1}{2}}.$$

We now make a sequence of geometric observations, of increasing complexity, about the relationships hypothesised in the proposition until we have enough information to prove the claims.

The first three observations are purely geometric, and make no use of the measures ν_x and ν_y .

In the first observation, we make some further simple estimates on the angles between various of the vectors $e, e^\perp, f, f^\perp, g$ and g^\perp .

Observation 1. *If $0 < \rho < \frac{1}{4}d_-$, then*

$$(2.4) \quad |\langle f, g^\perp \rangle| \leq \rho/d_-$$

$$(2.5) \quad \langle f, g \rangle \geq 1 - 2\rho/d_-$$

$$(2.6) \quad \langle e, f \rangle > \frac{1}{4}d_-/d_+.$$

Proof. For inequality (2.4), we use $g^\perp = \langle g, f \rangle f^\perp - \langle g, f^\perp \rangle f$ and calculate

$$\langle f, g^\perp \rangle = 0 - \langle g, f^\perp \rangle = -\frac{1}{|u-y|} \langle u-y, f^\perp \rangle = -\frac{\langle u-w, f^\perp \rangle}{|u-y|}.$$

Hence $|\langle f, g^\perp \rangle| \leq \rho/d_-$.

For inequality (2.5), on noting

$$\langle f, g \rangle |w-y| |u-y| = \langle w-y, u-y \rangle = \langle w-u, u-y \rangle + |u-y|^2,$$

we find

$$\langle f, g \rangle = \frac{1}{|w-y|} \langle w-u, g \rangle + \frac{|u-y|}{|w-y|} \geq -\frac{\rho}{d_-} + \left(1 - \frac{|u-w|}{|w-y|}\right) \geq 1 - 2\rho/d_-.$$

To verify inequality (2.6), note that $w = y + |w-y|f \in B(u, \rho)$, and so $w = y + (x-y) + |u-x|e + z$ for some $|z| \leq \rho$. Hence $|w-y|f = (x-y) + |u-x|e + z$ and

$$|w-y|\langle f, e \rangle = \langle x-y, e \rangle + |u-x| + \langle z, e \rangle.$$

Now

$$|\langle x - y, e \rangle| \leq \frac{1}{2}d_- \leq \frac{1}{2}|u - x| \quad \text{and} \quad |\langle z, e \rangle| \leq \rho \leq \frac{1}{4}d_- \leq \frac{1}{4}|u - x|.$$

Thus

$$|w - y|\langle e, f \rangle \geq \frac{1}{4}|u - x| \geq \frac{1}{4}d_-$$

and so $\langle e, f \rangle \geq \frac{1}{4}d_-/d_+$, as required. \square

We now note that, since u and w are close, if $z \in V(y, w - y, r)$, then it is also in $V(y, u - y, r')$ for r' not too much bigger than r .

Observation 2. *If $0 < \rho \leq \frac{1}{4}d_-$, then*

$$V(y, f, \rho/d_-) \subseteq V(y, g, 4\rho/d_-).$$

Proof. If $z \in V(y, f, \rho/d_-)$, then

$$(2.7) \quad |\langle z - y, f^\perp \rangle| < \frac{\rho}{d_-} \langle z - y, f \rangle.$$

Since

$$z - y = \langle z - y, f \rangle f + \langle z - y, f^\perp \rangle f^\perp,$$

we find

$$\langle z - y, g^\perp \rangle = \langle z - y, f \rangle \langle f, g^\perp \rangle + \langle z - y, f^\perp \rangle \langle f^\perp, g^\perp \rangle.$$

Hence (2.4) implies

$$|\langle z - y, g^\perp \rangle| \leq \frac{\rho}{d_-} |\langle z - y, f \rangle| + |\langle z - y, f^\perp \rangle|.$$

Thus (2.7) gives

$$(2.8) \quad |\langle z - y, g^\perp \rangle| \leq \frac{\rho}{d_-} |\langle z - y, f \rangle| + \frac{\rho}{d_-} \langle z - y, f \rangle = 2(\rho/d_-) \langle z - y, f \rangle$$

It only remains to estimate $\langle z - y, f \rangle$ in terms of $\langle z - y, g \rangle$. Since $f = \langle f, g \rangle g + \langle f, g^\perp \rangle g^\perp$,

$$0 < \langle z - y, f \rangle \leq \langle z - y, g \rangle \langle f, g \rangle + \langle z - y, g^\perp \rangle \langle f, g^\perp \rangle,$$

which, on using (2.8) and (2.4), gives

$$0 < \langle z - y, f \rangle \leq \langle z - y, g \rangle \langle f, g \rangle + \frac{2\rho}{d_-} \times \frac{\rho}{d_-} \langle z - y, f \rangle.$$

Rearranging and using $0 < \langle f, g \rangle \leq 1$, we find

$$\langle z - y, f \rangle [1 - 2(\rho/d_-)^2] \leq \langle z - y, g \rangle.$$

Substituting back into (2.8), then gives

$$|\langle z - y, g^\perp \rangle| \leq 2(\rho/d_-) [1 - 2(\rho/d_-)^2]^{-1} \langle z - y, g \rangle$$

which, since $\rho \leq \frac{1}{2}d_-$, proves the claim. \square

The next observation is that the intersection of a cone from x in direction $u - x$ and a cone from y in direction $w - y$ is contained within a not too large ball centered on u (or w) provided that the opening angle of the cones is sufficiently small.

Observation 3. *If $0 < \rho \leq \frac{1}{20}d_- \psi^{1/2}$, then*

$$V(x, e, \rho/d_-) \cap V(y, f, \rho/d_-) \subseteq B(u, \alpha_0 \psi^{-1/2} \rho),$$

where $\alpha_0 = 60 \frac{d_+}{d_-}$.

Proof. Fix $z \in V(y, f, \rho/d_-) \cap V(x, e, \rho/d_-)$. Since $0 < \rho \leq \frac{1}{20}d_- \psi^{1/2} \leq \frac{1}{4}d_-$, observation 2 implies $z \in V(y, g, 4\rho/d_-)$. Hence there are $\lambda, \mu > 0$ for which

$$z = y + \lambda(g - bg^\perp) = x + \mu(e + ae^\perp)$$

where $|b| \leq 4\rho/d_-$ and $|a| \leq \rho/d_-$. We wish to find an upper bound for $|z - u|$. Notice that

$$\langle z - x, e \rangle = \mu \quad \text{and} \quad \langle z - y, g \rangle = \lambda$$

and

$$(2.9) \quad |z - u|^2 = \langle z - u, g \rangle^2 + \langle z - u, g^\perp \rangle^2 = (\lambda - |y - u|)^2 + b^2 \lambda^2,$$

and so upper estimates for $(\lambda - |y - u|)^2$ and λ^2 give an upper estimate for $|z - u|$.

Now

$$\langle z - u, e \rangle = \langle y - u, e \rangle + \lambda(\langle g, e \rangle - b\langle g^\perp, e \rangle) = \langle x - u, e \rangle + \mu$$

and so

$$\mu = |x - u| - |u - y|\langle g, e \rangle + \lambda(\langle g, e \rangle - b\langle g^\perp, e \rangle).$$

However

$$\langle z - u, e^\perp \rangle = \langle y - u, e^\perp \rangle + \lambda(\langle g, e^\perp \rangle - b\langle g^\perp, e^\perp \rangle) = a\mu,$$

and so

$$\begin{aligned} -|u - y|\langle g, e^\perp \rangle + \lambda(\langle g, e^\perp \rangle - b\langle g^\perp, e^\perp \rangle) \\ = a|u - x| - a|u - y|\langle g, e \rangle + a\lambda(\langle g, e \rangle - b\langle g^\perp, e \rangle). \end{aligned}$$

This rearranges to give

$$(2.10) \quad \lambda\gamma = a|u - x| + |u - y|(\langle g, e^\perp \rangle - a\langle e, g \rangle),$$

where $\gamma = (1 - ab)\langle g, e^\perp \rangle - (a + b)\langle e, g \rangle$.

Since $|a| \leq \rho/d_-$ and $|b| \leq 4\rho/d_-$, it follows that $|ab| \leq \frac{1}{2}$ and $|a + b| \leq 5\rho/d_-$. From equation (2.3) we know $|\langle e^\perp, g \rangle| \geq \psi^{1/2}$, and so

$$|\gamma| \geq \frac{1}{2}\psi^{1/2} - 5(\rho/d_-) \geq \frac{1}{4}\psi^{1/2},$$

since $\rho \leq \frac{1}{20}d_- \psi^{1/2}$.

Hence, since $|a| \leq \rho/d_- \leq 1$,

$$|\lambda| \leq 4\psi^{-1/2} [a|u - x| + |u - y|(|\langle g, e^\perp \rangle| + |a||\langle e, g \rangle|)] \leq 12d_+ \psi^{-1/2}.$$

Using (2.10), we find

$$\begin{aligned} \lambda - |u - y| &= \gamma^{-1} [a|u - x| + |u - y|(\langle g, e^\perp \rangle - a\langle e, g \rangle - \gamma)] \\ &= \gamma^{-1} [a|u - x| + b|u - y|(a\langle g, e^\perp \rangle + \langle e, g \rangle)]. \end{aligned}$$

and so, since $|b| \leq 4\rho/d_-$,

$$\begin{aligned} |\lambda - |u - y|| &\leq 4\psi^{-1/2} [a|u - x| + |b||u - y|(|a||\langle g, e^\perp \rangle| + |\langle e, g \rangle|)] \\ &\leq 36(d_+/d_-)\psi^{-1/2}\rho. \end{aligned}$$

Thus (2.9) gives

$$|z - u|^2 \leq (36(d_+/d_-)\psi^{-1/2}\rho)^2 + (48(d_+/d_-)\psi^{-1/2}\rho)^2,$$

and so

$$|z - u| \leq 60(d_+/d_-)\psi^{-1/2}\rho,$$

as claimed. \square

We now show that there is a ‘large’ triangle with vertices at x and y and a third vertex close to u such that the triangle is disjoint from Γ . This observation lies at the core of our whole argument, and is the first time that we use the hypotheses about the measures ν_x and ν_y .

Observation 4. *If $0 < \rho \leq d_1 \psi^{\frac{1}{2}(\frac{1}{s-1-\xi})}$, and $r = \alpha_1(\psi^{-\frac{1}{2}}\rho)^{\frac{1}{2+\xi-s}}$, then there is*

$$z \in V(x, e, r/d_-) \cap V(y, f, r/d_-)$$

with $\mathcal{T}(x, y, z) \cap \Gamma = \emptyset$ and $z \in B(u, \alpha_0 \psi^{-1/2} \rho)$.

Proof. We aim to find a point z that is visible from both x and y . Recall that

$$\alpha_1^{2+\xi-s} = (\alpha_0 + 1)/d_0 \text{ and } d_1 = \min\{(r_2/\alpha_1)^{\frac{2+\xi-s}{s-1-\xi}}, d_-/\alpha_0, d_-/20, r_2^{2+\xi-s}\}.$$

(The constant α_0 is as given in observation 3, and r_2 and d_0 are as given in Lemma 2.5.)

Since $w \in F_y$ and

$$r = \alpha_1(\psi^{-\frac{1}{2}}\rho)^{\frac{1}{2+\xi-s}} \leq \alpha_1 d_1^{\frac{1}{2+\xi-s}} \leq r_2,$$

we may use Lemma 2.5 applied to ν_y and w to find $w' \in E_y \cap T_y^+(w, r)$, and in particular lying in $V(y, w - y, r/d_-)$, for which

$$|w - w'| > d_0 r^{2+\xi-s} = d_0 \alpha_1^{2+\xi-s} \psi^{-\frac{1}{2}} \rho.$$

Hence, since $|w - u| \leq \rho$,

$$|w' - u| > d_0 \alpha_1^{2+\xi-s} \psi^{-\frac{1}{2}} \rho - \rho = (d_0 \alpha_1^{2+\xi-s} \psi^{-\frac{1}{2}} - 1) \rho \geq \alpha_0 \psi^{-1/2} \rho.$$

But

$$\rho \leq d_1 \psi^{\frac{1}{2}(\frac{1}{s-1-\xi})} \leq d_-/\alpha_0 < \frac{1}{4} d_-$$

and

$$r = \alpha_1(\psi^{-\frac{1}{2}}\rho)^{\frac{1}{2+\xi-s}} \rho^{-1} \rho = \alpha_1(\psi^{-\frac{1}{2}}\rho)^{s-1-\xi} \rho \leq \alpha_1 d_1^{\frac{s-1-\xi}{2+\xi-s}} \rho \leq r_2 \rho \leq \rho.$$

Hence, by observation 2, $w' \in V(y, g, 4\rho/d_-)$.

Similarly, there is $u' \in E_x \cap T_x^+(u, r) \subseteq V(x, u - x, r/d_-)$ for which

$$|u' - u| \geq \alpha_0 \psi^{-1/2} \rho, \text{ see Figure 4.}$$

Now both $|u - x|$ and $|u - y|$ are no less than d_- and

$$\alpha_0 \psi^{-1/2} \rho \leq \alpha_0 d_1 \psi^{\frac{1}{2}(\frac{2+\xi-s}{s-1-\xi})} < \alpha_0 d_1 \leq d_-,$$

hence

$$\min\{|u - x|, |u - y|\} > \alpha_0 \psi^{-1/2} \rho.$$

Moreover

$$r \leq \rho \leq d_1 \psi^{\frac{1}{2}(\frac{1}{s-1-\xi})} \leq d_1 \psi^{\frac{1}{2}} < \frac{1}{20} d_- \psi^{1/2},$$

and so it follows from observation 3 that

$$\emptyset \neq [x, u'] \cap [y, w'] \subseteq B(u, \alpha_0 \psi^{-1/2} \rho).$$

Let z denote this intersection point. Then, since u' is visible from x , w' is visible from y and Γ is connected,

$$([x, z] \cup [x, y] \cup [y, z]) \cap \Gamma = \emptyset.$$

The observation follows. \square

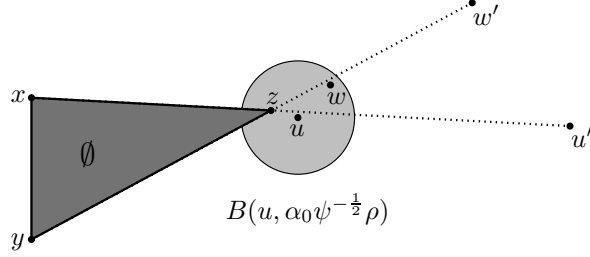


FIGURE 4. $\emptyset \neq [x, u'] \cap [y, w'] \subseteq B(u, \alpha_0 \psi^{-1/2} \rho)$.

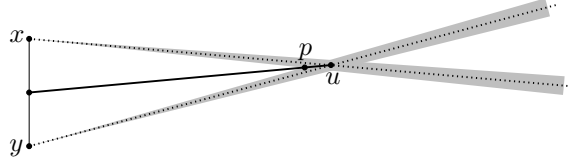


FIGURE 5. $p \in [\frac{1}{2}(x+y), u] \cap (V(x, e, 4\rho/d_-) \cup V(y, g, 4\rho/d_-))$.

We now refine this observation slightly and use it to find an empty cone with base point that is near to u .

Observation 5. *If $0 < \rho \leq d_1 \psi^{\frac{1}{2}(\frac{1}{s-1}-\varepsilon)}$, then there is $p \in [\frac{1}{2}(x+y), u] \cap B(u, \alpha_0 \psi^{-\frac{1}{2}} \rho)$ for which*

$$\mathcal{T}(x, y, p) \cap \Gamma = \emptyset \quad \text{and} \quad V(p, \frac{1}{2}(x+y) - u, \frac{2}{5} \psi^{1/2}) \cap H[x, y; u] \cap \Gamma = \emptyset.$$

Proof. Let

$$p \in [\frac{1}{2}(x+y), u] \cap (\partial V(x, e, 4\rho/d_-) \cup \partial V(y, g, 4\rho/d_-))$$

be chosen to be at the minimum possible distance from $\frac{1}{2}(x+y)$, see Figure 5. Then there is $\lambda > 0$ such that

$$p = u - \lambda \frac{|u-x|e + |u-y|g}{||u-x|e + |u-y|g|}.$$

We first show that $p \in B(u, \alpha_0 \psi^{-\frac{1}{2}} \rho)$.

Suppose (without loss of generality) that $p \in V(y, g, 4\rho/d_-)$, then there are $\mu > 0$ and $\sigma \in \{+1, -1\}$ such that

$$p = y + \mu(g + 4\rho d_-^{-1} \sigma g^\perp).$$

Hence, if we set $h = |u-x|e + |u-y|g$, then

$$u - \lambda h / |h| = y + \mu(g + 4\rho d_-^{-1} \sigma g^\perp),$$

which, since $u-y = |u-y|g$, rearranges to give

$$(2.11) \quad |u-y|g - \lambda h / |h| = \mu(g + 4\rho d_-^{-1} \sigma g^\perp).$$

So taking the inner product of (2.11) with g^\perp gives

$$(2.12) \quad -\lambda \frac{|u-x|}{|h|} \langle e, g^\perp \rangle = \frac{4\rho}{d_-} \sigma \mu$$

and taking the inner product of (2.11) with g and rearranging gives

$$|u-y| - \lambda \frac{|u-x| \langle e, g \rangle + |u-y|}{|h|} = \mu.$$

Substituting for μ from (2.12) gives

$$|u-y| - \lambda \frac{|u-x| \langle e, g \rangle + |u-y|}{|h|} = -\frac{d_-}{4\rho\sigma} \cdot \frac{|u-x| \langle e, g^\perp \rangle}{|h|} \lambda$$

and this rearranges to give

$$\lambda \left[\left(\frac{d_-}{4\rho\sigma} \langle e, g^\perp \rangle - \langle e, g \rangle \right) |u-x| - |u-y| \right] = -|u-y||h|$$

and so, substituting for h ,

$$\lambda \left[(d_- \langle e, g^\perp \rangle - 4\rho\sigma \langle e, g \rangle) - 4\rho\sigma \frac{|u-y|}{|u-x|} \right] = -4\rho\sigma |u-y| \left| e + \frac{|u-y|}{|u-x|} g \right|$$

Since $|x-y| \leq \frac{1}{2}d_-$, it easily follows that

$$\frac{2}{3} \leq \frac{|u-x|}{|u-y|}, \frac{|u-y|}{|u-x|} \leq \frac{3}{2},$$

and so

$$|\lambda| \leq \frac{4\rho}{d_-} \times \left(1 + \frac{3}{2}\right) \frac{|u-y|}{|\sigma \langle e, g^\perp \rangle - 4\rho d_-^{-1} (\langle e, g \rangle + |u-y|/|u-x|)|}.$$

Now $|\langle e, g \rangle + |u-y|/|u-x| \leq \frac{5}{2}$ and by (2.3),

$$|\langle e, g^\perp \rangle| = |\langle e^\perp, g \rangle| \geq \psi^{1/2}.$$

Thus, since $\rho \leq d_1 \psi^{\frac{1}{2}(\frac{1}{s-1}-\epsilon)} \leq d_1 \psi^{\frac{1}{2}} < \frac{1}{20} d_- \psi^{1/2}$,

$$|\sigma \langle e, g^\perp \rangle - 4\rho d_-^{-1} (\langle e, g \rangle + |u-y|/|u-x|)| \geq \psi^{1/2} - 10\rho/d_- \geq \frac{1}{2} \psi^{1/2}.$$

Hence

$$|\lambda| \leq 10\rho d_-^{-1} |u-y| \times 2\psi^{-1/2} \leq 20(d_+/d_-)\psi^{-1/2}\rho \leq \alpha_0 \psi^{-\frac{1}{2}}\rho,$$

and $p \in B(u, \alpha_0 \psi^{-1/2}\rho)$, as claimed.

Since the hypotheses of observation 4 are satisfied, there is a point z satisfying its conclusions, and we note that $p \in \mathcal{T}(x, y, z)$. Hence $\mathcal{T}(x, y, p) \cap \Gamma = \emptyset$.

To show that

$$V(p, \frac{1}{2}(x+y) - u, \frac{2}{5}\psi^{1/2}) \cap H[x, y; u] \cap \Gamma = \emptyset,$$

we recall that $h = |u-x|e + |u-y|g$ and so

$$h^\perp = e^\perp |u-x| + g^\perp |u-y|.$$

We shall estimate $|\langle x-u, h^\perp \rangle|$, $|\langle y-u, h^\perp \rangle|$, $|\langle x-u, h \rangle|$ and $|\langle y-u, h \rangle|$; for if $q \in H(x, y; u)$ satisfies

$$|\langle q-p, h^\perp \rangle| \leq m \langle q-p, h \rangle$$

where $m = \min\{|\langle x - u, h^\perp \rangle / \langle x - u, h \rangle|, |\langle y - u, h^\perp \rangle / \langle y - u, h \rangle|\}$, then $q \in \mathcal{T}(x, y, p)$. Now

$$\begin{aligned}\langle x - u, h^\perp \rangle &= -|x - u||y - u|\langle e, g^\perp \rangle \\ \langle x - u, h \rangle &= -|x - u|^2 - |x - u||y - u|\langle e, g \rangle \\ \langle y - u, h^\perp \rangle &= -|x - u||y - u|\langle g, e^\perp \rangle \\ \langle y - u, h \rangle &= -|y - u|^2 - |x - u||y - u|\langle e, g \rangle,\end{aligned}$$

and so

$$\left| \frac{\langle x - u, h^\perp \rangle}{\langle x - u, h \rangle} \right| = \left| \frac{\langle e, g^\perp \rangle}{\langle e, g \rangle + |x - u|/|y - u|} \right|$$

and

$$\left| \frac{\langle y - u, h^\perp \rangle}{\langle y - u, h \rangle} \right| = \left| \frac{\langle e, g^\perp \rangle}{\langle e, g \rangle + |y - u|/|x - u|} \right|.$$

Hence $m \geq \frac{2}{5}\psi^{1/2}$ and the observation follows. \square

The existence of a large empty cone near to u and w forces all other points of $F_y \cap B(u, \rho)$ to lie in a relatively narrow cone in direction $w - y$.

Observation 6. *Let $0 < \rho \leq d_1\psi^{\frac{1}{2}(s-1-\xi)}$ and $r = \alpha_1(\psi^{-\frac{1}{2}}\rho)^{\frac{1}{2+\xi-s}}$. If $v, w \in F_y \cap B(u, \rho)$, then $v \in V(y, w - y, 3r/d_-)$.*

Proof. Suppose that $\langle v - y, (w - y)^\perp \rangle > 0$. (If not, then interchange the labelling of v and w — notice that $\langle v - y, (w - y)^\perp \rangle \neq 0$ since v and w are both visible from y .) By observation 4, there is

$$z \in V(x, e, r/d_-) \cap V(y, f, r/d_-) \cap B(u, \alpha_0\psi^{-1/2}\rho)$$

for which $\Gamma \cap \mathcal{T}(x, y, z) = \emptyset$.

By Lemma 2.5, we can find $v' \in E_y \cap T_y^-(v, r)$ for which

$$(2.13) \quad |v' - u| \geq |v' - v| - |u - v| > d_0r^{2+\xi-s} - \rho = (d_0\alpha_1^{2+\xi-s}\psi^{-\frac{1}{2}} - 1)\rho = \alpha_0\psi^{-1/2}\rho.$$

We show that if

$$(2.14) \quad \langle v - y, (w - y)^\perp \rangle \geq 3(r/d_-)\langle v - y, w - y \rangle,$$

then $v' \in \mathcal{T}(x, y, z)$ — contradicting $\mathcal{T}(x, y, z) \cap \Gamma = \emptyset$. To do this, since $z \in V(x, e, r/d_-) \cap V(y, f, r/d_-)$, it is enough to show

$$(2.15) \quad \langle v' - x, e^\perp \rangle < -(r/d_-)\langle v' - x, e \rangle$$

and

$$(2.16) \quad \langle v' - y, (w - y)^\perp \rangle > (r/d_-)\langle v' - y, w - y \rangle.$$

For (2.15): If

$$v' \in V(y, v - y, r/d_-) \cap V(x, e, r/d_-),$$

then observation 3 applied to v implies that $|v' - u| < \alpha_0\psi^{-1/2}\rho$, contradicting (2.13). Hence, since $v' \in V(y, v - y, r/d_-)$, we deduce

$$|\langle v' - x, e^\perp \rangle| > (r/d_-)\langle v' - x, e \rangle,$$

and it only remains to show that $\langle v' - x, e^\perp \rangle < 0$. If $\langle v' - x, e^\perp \rangle \geq 0$, then $\langle v' - x, e^\perp \rangle > (r/d_-)\langle v' - x, e \rangle$. But, by observation 2 applied to v , $|\langle v' - y, g^\perp \rangle| < 4(\rho/d_-)\langle v' - y, g \rangle$ and so, since $|v' - y| < |v - y|$, we find

$$\begin{aligned} |\langle v' - y, g^\perp \rangle| &< 4(\rho/d_-)|v - y| \leq 4(\rho/d_-)(|u - y| + \rho) \\ &\leq (5\rho/d_-)|u - y|, \text{ since } \rho < \frac{1}{4}d_- \\ &\leq 5(d_+/d_-)\rho. \end{aligned}$$

But $\langle v' - u, g^\perp \rangle = \langle v' - y, g^\perp \rangle$, and so

$$|\langle v' - u, g^\perp \rangle| \leq 5(d_+/d_-)\rho.$$

Now

$$\langle v' - u, g \rangle = \langle v' - y, g \rangle - |u - y| \leq |v - y| - |u - y| \leq \rho.$$

Let q be the point of intersection of $[x, u]$ with $[y, y + |y - u|(g + 4(\rho/d_-)g^\perp)]$. Then since $v' \in V(y, g, 4(\rho/d_-))$ and $\langle v' - x, e^\perp \rangle > (r/d_-)\langle v' - x, e \rangle$, it follows that $\langle v' - u, g \rangle \geq \langle q - u, g \rangle$. Hence it is enough to find a lower bound for $\langle q - u, g \rangle$. There is $0 < \lambda < |u - y|$ and $0 < \mu < |x - u|$ such that

$$q = y + \lambda(g + 4(\rho/d_-)g^\perp) = x + \mu e,$$

and so

$$-|u - y|g + \lambda(g + 4(\rho/d_-)g^\perp) = (\mu - |u - x|)e.$$

Taking inner products of this expression with g and g^\perp , and solving for λ gives

$$\lambda = |u - y| \left(1 + 4 \left(\frac{\rho}{d_-} \right) \frac{\langle e, g \rangle}{\langle e^\perp, g \rangle} \right)^{-1}.$$

Hence

$$\lambda \geq |u - y|(1 + 4(\rho/d_-)\psi^{-1/2})^{-1} \geq |u - y|(1 - 4(\rho/d_-)\psi^{-1/2}).$$

Thus

$$\langle q - u, g \rangle \geq -4(\rho/d_-)\psi^{-1/2}|u - y|$$

and so

$$\langle v' - u, g \rangle \geq -4(\rho/d_-)\psi^{-1/2}|u - y| \geq -4(d_+/d_-)\psi^{-\frac{1}{2}}\rho.$$

Hence

$$|v' - u| \leq 5\rho\frac{d_+}{d_-} + 4\rho\psi^{-1/2}\frac{d_+}{d_-} \leq 9(d_+/d_-)\psi^{-1/2}\rho < \alpha_0\psi^{-1/2}\rho,$$

contradicting (2.13).

For (2.16), notice that $v' - y = \alpha(v - y) + \beta(v - y)^\perp$ for some $0 < \alpha < 1$ and $|\beta| < \alpha(r/d_-)$. Thus, using (2.14),

$$\begin{aligned} \langle v' - y, (w - y)^\perp \rangle &= \alpha\langle v - y, (w - y)^\perp \rangle + \beta\langle (v - y)^\perp, (w - y)^\perp \rangle \\ &\geq 3\alpha(r/d_-)\langle v - y, w - y \rangle - |\beta|\langle v - y, w - y \rangle \\ &\geq 2\alpha r/d_- \langle v - y, w - y \rangle \end{aligned}$$

and

$$\langle v' - y, w - y \rangle = \alpha\langle v - y, w - y \rangle + \beta\langle (v - y)^\perp, w - y \rangle.$$

But

$$\langle (v - y)^\perp, w - y \rangle = \langle (v - y)^\perp, w - v \rangle$$

and so $|\langle (v - y)^\perp, w - y \rangle| \leq 2\rho|v - y|$, and

$$\langle v - y, w - y \rangle = \langle v - y, w - v \rangle + |v - y|^2$$

and so

$$|\langle v - y, w - y \rangle| \geq |v - y|(|v - y| - 2\rho) \geq \frac{1}{2}d_-|v - y|,$$

since $|v - y| \geq d_-$ and $\rho \leq \frac{1}{4}d_-$. Thus

$$|\langle (v - y)^\perp, w - y \rangle| \leq 2\rho|v - y| \leq 4(\rho/d_-)\langle v - y, w - y \rangle.$$

So

$$\begin{aligned} \langle v' - y, w - y \rangle &\leq (\alpha + 4(\rho/d_-)|\beta|)\langle v - y, w - y \rangle \\ &\leq (1 + 4(\rho/d_-)(r/d_-))\alpha\langle v - y, w - y \rangle \\ &< (1 + 4(\rho/d_-)(r/d_-))(d_-(2r))\langle v' - y, (w - y)^\perp \rangle \end{aligned}$$

and rearranging gives

$$\langle v' - y, (w - y)^\perp \rangle > (2r/d_-)(1 + 4(\rho/d_-)(r/d_-))^{-1}\langle v' - y, w - y \rangle$$

which, since $4(\rho/d_-)(r/d_-) < r/d_- \leq r_2/d_- < 1$, implies (2.16). \square

We can now finish the proof of the proposition.

Let $0 < \rho \leq d_1\psi^{\frac{1}{2}}(\frac{1}{s-1-\xi})$ and $r = \alpha_1(\psi^{-\frac{1}{2}}\rho)^{\frac{1}{2+\xi-s}}$. Suppose $w \in B(u, \rho) \cap F_y$, then

$$F_y \cap B(u, \rho) \subset V(y, (w - y), 3r/d_-).$$

Thus $F_y \cap B(u, \rho)$ is contained in a rectangle of height 2ρ and width $6rd_+/d_-$ which can be covered by $(2 + 2\rho/r)(2 + 6d_+/d_-)$ boxes of side r . Since

$$(2 + 2\rho/r)(2 + 6d_+/d_-) \leq 32(\rho/r)d_+/d_-,$$

and $\sqrt{2}r \leq \sqrt{2}\alpha_1 \left(d_1\psi^{\frac{1}{2}}(\frac{2+\xi-s}{s-1-\xi}) \right)^{\frac{1}{2+\xi-s}} \leq \sqrt{2}\alpha_1 d_1^{\frac{1}{2+\xi-s}} \leq \sqrt{2}r_2 \leq r_0$, we estimate that

$$\nu_y(F_y \cap B(u, \rho)) \leq 2^{5+s/2}(d_+/d_-)\rho r^{s-1} = 2^{5+s/2}\alpha_1^{s-1}(d_+/d_-)\psi^{-\frac{1}{2}(\frac{s-1}{2+\xi-s})}\rho^{\frac{1+\xi}{2+\xi-s}},$$

as required. The remainder of the proposition follows from observation 5. \square

2.4. A mixed mass estimate. The main utility of Proposition 2.2 lies in its use in proving the following proposition, where we obtain an estimate of the ‘mixed mass’ $\nu_x \otimes \nu_y(A \times B)$ for appropriate planar sets A and B . (Here $\nu_x \otimes \nu_y$ is the product measure of ν_x and ν_y .)

Proposition 2.3. *Let Γ be a non-empty planar continuum. Suppose that $s > 1$, $0 < \xi < s - 1$, $0 < r_1 \leq r_0 \leq 1$, $0 < d_- \leq d_+$ and $M > 0$ are given. Let $x, y \in \mathbb{R}^2 \setminus \Gamma$ satisfy*

$$0 < 2|x - y| < d_- \leq \min\{d(x, \Gamma), d(y, \Gamma)\} \leq \max\{d(x, \Gamma), d(y, \Gamma)\} + \text{diam}(\Gamma) \leq d_+.$$

Let ν_x and ν_y be Radon measures supported in Γ_x and Γ_y , respectively, and suppose F_x, E_x, F_y and E_y are compact sets for which

$$F_x \subseteq E_x \subseteq \Gamma_x \text{ and } F_y \subseteq E_y \subseteq \Gamma_y.$$

Suppose that:

(1) *for all $u \in E_x$, $v \in E_y$ and $0 < r \leq r_0$ both*

$$\nu_x(B(u, r)) \leq r^s \text{ and } \nu_y(B(v, r)) \leq r^s;$$

(2) *for all $u \in F_x$, $v \in F_y$ and $0 < r \leq r_1$ both*

$$\nu_x(T_x^\pm(u, r) \cap E_x) \geq Mr^{1+\xi} \text{ and } \nu_y(T_y^\pm(v, r) \cap E_y) \geq Mr^{1+\xi};$$

(3) there is $\psi \in (0, \frac{1}{2})$ such that for $u \in F_x \cup F_y$,

$$\langle (u-x)^\wedge, (u-y)^\wedge \rangle \in [\frac{1}{2}, 1-\psi].$$

Then there are constants $c_2, d_2 > 0$ such that if $0 < \rho \leq d_2 \psi^{\frac{1}{2} \frac{1}{s-1-\epsilon}}$, then

$$\begin{aligned} & (\nu_x \otimes \nu_y)((F_x \times F_y) \cap \{(u, v) : |u-v| \leq \rho\}) \\ & \leq c_2 \text{arc-diam}_{\frac{1}{2}(x+y)}(F_x \cap B(F_y, \rho)) (\psi^{-\frac{1}{2}} \rho)^{\frac{s+\epsilon}{2+\epsilon-s}}. \end{aligned}$$

Proof. Using the constants established in Proposition 2.2, let $d_2 = \frac{5}{2^{3/2}\alpha_0} d_1$. Observe that, since $d_2 \leq d_1$, Proposition 2.2 implies

$$\begin{aligned} & (\nu_x \otimes \nu_y)((F_x \times F_y) \cap \{(u, v) : |u-v| \leq \rho\}) \\ & = \int_{B(F_y, \rho)} \nu_y|_{F_y}(\{v : |u-v| \leq \rho\}) d\nu_x|_{F_x}(u) \\ & = \int_{B(F_y, \rho)} \nu_y(F_y \cap B(u, \rho)) d\nu_x|_{F_x}(u) \\ & \leq c_1 \psi^{-\frac{s-1}{2(2+\epsilon-s)}} \rho^{\frac{1+\epsilon}{2+\epsilon-s}} \nu_x(F_x \cap B(F_y, \rho)). \end{aligned}$$

It remains to estimate

$$\nu_x(F_x \cap B(F_y, \rho)).$$

We begin by noticing that for each

$$u \in F_x \cap B(F_y, \rho),$$

Proposition 2.2 guarantees the existence of a $p_u \in [\frac{1}{2}(x+y), u] \cap B(u, \alpha_0 \psi^{-1/2} \rho)$ for which $\mathcal{T}(x, y, p_u) \cap \Gamma = \emptyset$ and

$$V(p_u, \frac{1}{2}(x+y) - u, \frac{2}{5}\psi^{\frac{1}{2}}) \cap \Gamma \cap H(x, y; u) = \emptyset.$$

Let $\sigma = \frac{2}{5} \frac{\alpha_0}{d_+} \rho$ and fix $v \in F_x \cap B(F_y, \rho)$. Then Lemma 2.1 guarantees that if

$$w \in V(\frac{1}{2}(x+y), p_v - \frac{1}{2}(x+y), \sigma) \setminus V(p_v, -(p_v - \frac{1}{2}(x+y)), \frac{2}{5}\psi^{\frac{1}{2}}),$$

then

$$\begin{aligned} \langle w - p_v, (p_v - \frac{1}{2}(x+y))^\wedge \rangle & \geq -\frac{\sigma}{\sigma + \frac{2}{5}\psi^{\frac{1}{2}}} |p_v - \frac{1}{2}(x+y)| \\ & \geq -\frac{5}{2} d_+ \left(\frac{2}{5} \frac{\alpha_0}{d_+} \right) \psi^{-\frac{1}{2}} \rho = -\alpha_0 \psi^{-\frac{1}{2}} \rho. \end{aligned}$$

So suppose $u, v \in F_x$ with $u \in V(\frac{1}{2}(x+y), v, \sigma)$ and assume, without loss of generality, that

$$|u - \frac{1}{2}(x+y)| \leq |v - \frac{1}{2}(x+y)|.$$

We wish to estimate $\langle u-v, (v - \frac{1}{2}(x+y))^\wedge \rangle$ from below. (An easy upper bound is given by zero.) From the preceding we know that

$$\langle u - p_v, (v - \frac{1}{2}(x+y))^\wedge \rangle = \langle u - p_v, (p_v - \frac{1}{2}(x+y))^\wedge \rangle \geq -\alpha_0 \psi^{-\frac{1}{2}} \rho.$$

Hence

$$\begin{aligned} \langle u-v, (v - \frac{1}{2}(x+y))^\wedge \rangle & = \langle u - p_v, (v - \frac{1}{2}(x+y))^\wedge \rangle + \langle p_v - v, (v - \frac{1}{2}(x+y))^\wedge \rangle \\ & \geq -\alpha_0 \psi^{-\frac{1}{2}} \rho - \alpha_0 \psi^{-\frac{1}{2}} \rho \\ & \geq -2\alpha_0 \psi^{-\frac{1}{2}} \rho. \end{aligned}$$

Thus

$$V(\frac{1}{2}(x+y), v - \frac{1}{2}(x+y), \sigma) \cap (F_x \cap B(F_y, \rho) \cap B(\frac{1}{2}(x+y), |v - \frac{1}{2}(x+y)|))$$

can be covered by $(2\alpha_0\psi^{-1/2}\rho)/(\frac{2}{5}\alpha_0\rho) = 5\psi^{-\frac{1}{2}}$ boxes of side $\frac{4}{5}\alpha_0\rho$. Hence, by using the mass estimate in Proposition 2.2 (for ν_x rather than ν_y), since $2\sqrt{2}\frac{2}{5}\alpha_0\rho \leq d_1\psi^{\frac{1}{2}\frac{1}{s-1-\xi}}$,

$$\nu_x(V(\frac{1}{2}(x+y), v - \frac{1}{2}(x+y), \sigma) \cap F_x \cap B(F_y, \rho) \cap B(\frac{1}{2}(x+y), |v - \frac{1}{2}(x+y)|))$$

is at most

$$5\psi^{-\frac{1}{2}} \times c_1\psi^{-\frac{1}{2}\frac{s-1}{2+\xi-s}} \left(\frac{4\sqrt{2}}{5}\alpha_0\rho\right)^{\frac{1+\xi}{2+\xi-s}} = 5c_1 \left(\frac{4\sqrt{2}}{5}\alpha_0\right)^{\frac{1+\xi}{2+\xi-s}} (\psi^{-\frac{1}{2}}\rho)^{\frac{1+\xi}{2+\xi-s}}.$$

By choosing v to be as far from $\frac{1}{2}(x+y)$ as possible and counting the number of such cones needed to cover $F_x \cap A$, we obtain

$$\begin{aligned} & \nu_x(F_x \cap B(F_y, \rho)) \\ & \leq 2 \text{arc-diam}_{\frac{1}{2}(x+y)}(F_x \cap B(F_y, \rho))\sigma^{-1} \times 5c_1 \left(\frac{4\sqrt{2}}{5}\alpha_0\right)^{\frac{1+\xi}{2+\xi-s}} (\psi^{-\frac{1}{2}}\rho)^{\frac{1+\xi}{2+\xi-s}} \\ & = c_2 \text{arc-diam}_{\frac{1}{2}(x+y)}(F_x \cap B(F_y, \rho))(\psi^{-\frac{1}{2}}\rho)^{\frac{1+\xi}{2+\xi-s}}\rho^{-1} \end{aligned}$$

for $c_2 = 25c_1d_+(4\sqrt{2}/5)^{\frac{1+\xi}{2+\xi-s}}\alpha_0^{\frac{s-1}{2+\xi-s}}$, and this implies the claim. \square

3. MEASURABILITY RESULTS

The aim in this section is to prove the following proposition that encapsulates the standard uniformisation procedures we require. It allows us to find sets and measures where the phenomena that we are interested in occur in a controlled and measurable way. The results of this section do not require that Γ is connected.

Proposition 3.1. *Let Γ be a non-empty compact subset of the plane. Let C be a closed ball disjoint from Γ and U an open set.*

Suppose that $s \in (1, 2)$ and $t \in (0, 2)$ are such that

$$\dim_H(\{x \in C : \dim_H(\Gamma_x \cap U) > s\}) > t.$$

Then for each $\xi \in (0, s-1)$, there are $M, p, q, c > 0$, a compact set $D \subseteq C$ and a Radon measure μ with $0 < \mu(D) \leq 1$ such that:

- (1) *for each $x \in D$ and $r > 0$, $\mu(B(x, r)) \leq r^t$;*
- (2) *for each $x \in D$, there is a Radon measure ν_x and compact sets $F_x \subseteq E_x$ contained in $U \cap \Gamma_x$ such that:*
 - (a) $\nu_x(\mathbb{R}^2 \setminus \Gamma_x) = 0$, $\nu_x(\mathbb{R}^2) \leq c$ and for $0 < r \leq 1$ and $u \in \Gamma$, $\nu_x(B(u, r)) \leq r^s$;
 - (b) $\nu_x(F_x) > p$ and ;
 - (c) for $0 < r \leq q$ and $u \in F_x$,

$$\min\{\nu_x(T_x^+(u, r) \cap E_x), \nu_x(T_x^-(u, r) \cap E_x)\} > Mr^{1+\xi}.$$

Moreover ν given by

$$\nu(E) = \int_D \nu_x(F_x \cap E) d\mu(x) \quad \text{for Borel } E \subset \mathbb{R}^2$$

extends to a Radon measure on the plane.

We give the proof of this result after we prove the measurability of the various maps that are used in its proof.

Let B be a (non-empty) compact set that is disjoint from the non-empty compact set Γ , and let $\delta = \inf\{|x-u| : x \in B, u \in \Gamma\}$, and so $\delta > 0$. Let $I = [\delta, \text{diam}(B \cup \Gamma)]$. Letting S^1 denote the unit circle, we define $K \subseteq B \times S^1 \times I$ by

$$K = \{(x, \theta, t) \in B \times S^1 \times \mathbb{R}^+ : x + t\hat{\theta} \in \Gamma\},$$

where $\hat{\theta} = (\cos \theta, \sin \theta)$. Notice that K is compact and a lifting of Γ .

For $x \in B$ and $\theta \in S^1$, define $\gamma : B \times S^1 \rightarrow I \cup \{\infty\}$ by

$$\gamma(x, \theta) = \begin{cases} \inf\{t > 0 : x + t\hat{\theta} \in \Gamma\} & \text{if } (x + \hat{\theta}\mathbb{R}^+) \cap \Gamma \neq \emptyset \\ \infty & \text{otherwise.} \end{cases}$$

Observe that $x + \gamma(x, \theta)\hat{\theta} \in \Gamma$ for any $x \in B$ and $\theta \in S^1$ for which $(x + \hat{\theta}\mathbb{R}^+) \cap \Gamma \neq \emptyset$.

If we define

$$\text{gr}(\gamma) = \{(x, \theta, \gamma(x, \theta)) : (x, \theta) \in B \times S^1, \gamma(x, \theta) < \infty\},$$

then $\text{gr}(\gamma) \subseteq K$.

Lemma 3.1. *The function γ is lower semi-continuous. In particular, $\text{gr}(\gamma)$ is a G_δ -subset of K .*

Proof. Since the graph of γ is the lower envelope of the compact set K , it follows that γ is lower semi-continuous. It is a standard result that the graph of a Baire-1 function is G_δ , see, for example, [5, Ch II, §31 VII, Theorem 1]. \square

For $C \subseteq K$ and $x \in B$, define $C_x = C \cap (\{x\} \times S^1 \times I)$, the slice of C through x . For convenience, we let $\text{gr}_x(\gamma)$ denote $(\text{gr}(\gamma))_x$.

Recall that $\mathcal{M}(K)$ denotes the set of Radon measures supported in K . The set $\mathcal{M}(K)$ can be given the topology of weak convergence by using, as a base, sets of the form

$$\left\{ \mu \in \mathcal{M}(K) : \int f d\mu < a \right\},$$

where $a \in \mathbb{R}$ and $f \in C(K)$, the set of real-valued continuous functions on K . With this topology, $\mathcal{M}(K)$ is a Polish space, see [6, §14.15] and [4, II.17].

Lemma 3.2. *Let E be a Borel subset of K . Then the functions $F_E : \mathcal{M}(K) \rightarrow \mathbb{R}$ and $G_E : B \times \mathcal{M}(K) \rightarrow \mathbb{R}$ given by*

$$F_E(\nu) = \nu(E) \text{ and } G_E(x, \nu) = \nu(E_x)$$

are Borel. In particular, $\{(x, \nu) \in B \times \mathcal{M}(K) : \nu(E_x) > 0\}$ is a Borel set.

Proof. Let $E \subseteq K$ be a Borel set. We show that G_E is Borel; the proof that F_E is Borel is similar.

Suppose first that E is a compact subset of K . Then for $x \in B$, E_x is also compact, and for $\mu \in \mathcal{M}(K)$,

$$G_E(x, \nu) = \nu(E_x) < c$$

if and only if

$$\text{there is } f \in C^+(K) \text{ such that } f > 1 \text{ on } E_x \text{ and } \int f d\nu < c.$$

(Here $C^+(K)$ denotes the set of non-negative real-valued continuous functions on K .) For a given $f \in C^+(K)$, the sets

$$B_f = \{x \in B : f > 1 \text{ on } E_x\} \text{ and } M_f = \left\{ \nu \in \mathcal{M}(K) : \int f d\nu < c \right\}$$

are open subsets of B and $\mathcal{M}(K)$, respectively. Hence

$$\{(x, \nu) : \nu(E_x) < c\} = \bigcup_{f \in C^+(K)} B_f \times M_f$$

is an open set, and so G_E is upper semi-continuous, and in particular, Borel.

If $E_1 \subseteq E_2 \subseteq E_3 \subseteq \dots$ is an increasing sequence of compact sets, and G_1, G_2, G_3, \dots , the associated sequence of maps, then

$$G_{\bigcup_{i \in \mathbb{N}} E_i} = \lim_{i \rightarrow \infty} G_i$$

is a Borel map. Similarly, if $E_1 \supseteq E_2 \supseteq E_3 \supseteq \dots$ is a decreasing sequence of compact sets, and G_1, G_2, G_3, \dots , the associated sequence of maps, then

$$G_{\bigcap_{i \in \mathbb{N}} E_i} = \lim_{i \rightarrow \infty} G_i$$

is also a Borel map. Hence for a general Borel set E , the map G_E is Borel. \square

Lemma 3.3. *Let E be a Borel subset of K . The set*

$$\{(x, \nu) \in B \times \mathcal{M}(K) : \nu(K \setminus (\text{gr}_x(\gamma) \cap E)) = 0\}$$

is Borel in $B \times \mathcal{M}(K)$.

Proof. Observe that

$$\begin{aligned} & \{(x, \nu) \in B \times \mathcal{M}(K) : \nu(K \setminus (\text{gr}_x(\gamma) \cap E)) = 0\} \\ &= \{(x, \nu) : \nu((\text{gr}_x(\gamma) \cap E)) = \nu(K)\} \\ &= \{(x, \nu) : \nu((\text{gr}(\gamma) \cap E)_x) - \nu(K) = 0\} \\ &= \{(x, \nu) : G_{\text{gr}(\gamma) \cap E}(x, \nu) - F_K(\nu) = 0\}. \end{aligned}$$

But by Lemma 3.2, both F_K and $G_{\text{gr}(\gamma) \cap E}$ are Borel functions, and so the set is Borel. \square

Define a continuous function $\Pi: B \times S^1 \times I \rightarrow \mathbb{R}^2$ by $\Pi(x, \theta, t) = x + t\hat{\theta}$.

Lemma 3.4. *For $x \in B$, if $A \subseteq K \cap (\{x\} \times S^1 \times I)$, then*

$$\dim_H(\Pi(A)) = \dim_H(A).$$

Proof. This follows from the fact that Π is bi-Lipschitz when restricted to $\{x\} \times S^1 \times I$. \square

In particular, since

$$\Gamma_x = \Pi(\{x\} \times S^1 \times I) \cap \text{gr}(\gamma) = \Pi(\text{gr}_x(\gamma)),$$

it follows that $\dim_H(\Gamma_x) = \dim_H(\text{gr}_x(\gamma))$ for each $x \in B$. On recalling that for $A \subseteq K$ and $s \in \mathbb{R}$,

$$\mathcal{M}^s(A) = \{\nu \in \mathcal{M}(K) : \nu(A) > 0 \text{ and } \nu(B(\zeta, r)) \leq r^s, \text{ for } \zeta \in K, r \in (0, 1]\},$$

it is an easy calculation, which we omit, to check that $\mathcal{M}^s(K)$ is a Borel set. Since $\text{gr}_x(\gamma)$ is a Borel set, $\dim_H(\text{gr}_x(\gamma)) = \sup\{s : \mathcal{M}^s(\text{gr}_x(\gamma)) \neq \emptyset\}$.

Proposition 3.2. *If U is a Borel subset of the plane, then for each $t \geq 0$, $\{x \in B : \dim_H(\Gamma_x \cap U) > t\}$ is an analytic set.*

Proof. Let $E \subseteq K$ be given by $E = \Pi^{-1}(U) \cap K$, and observe that $\text{gr}(\gamma) \cap E$ is a Borel subset of K . For $t \geq 0$

$$\begin{aligned} \{x : \dim_H(\Gamma_x \cap U) > t\} &= \{x : \dim_H((\text{gr}(\gamma) \cap E)_x) > t\} \\ &= \{x : \mathcal{M}^\tau((\text{gr}(\gamma) \cap E)_x) \neq \emptyset \text{ for some } \tau > t\} \\ &= \bigcup_{p \in \mathbb{Q}^+} \{x : \mathcal{M}^{t+p}((\text{gr}(\gamma) \cap E)_x) \neq \emptyset\}. \end{aligned}$$

However, if $\pi_B : B \times \mathcal{M}(K) \rightarrow B$ denotes coordinate projection onto B , then

$$\begin{aligned} \{x : \mathcal{M}^{t+p}((\text{gr}(\gamma) \cap E)_x) \neq \emptyset\} &= \pi_B(\{(x, \nu) : x \in B, \nu \in \mathcal{M}^{t+p}((\text{gr}(\gamma) \cap E)_x)\}) \\ &= \pi_B(\{(x, \nu) \in B \times \mathcal{M}^{t+p}(K) : \nu((\text{gr}(\gamma) \cap E)_x) > 0\}). \end{aligned}$$

Hence Lemmas 3.1 and 3.2 together imply that $\{x : \mathcal{M}^{t+p}((\text{gr}(\gamma) \cap E)_x) \neq \emptyset\}$ is the coordinate-wise projection of a Borel set from a product of Polish spaces, and so it is analytic, see [4, Chapter III]. Hence $\{x : \dim_H(\Gamma_x \cap U) > t\}$ is also analytic. \square

Our next result is a selection theorem and allows us to choose, in a measurable way, an element of $\mathcal{M}^t(\text{gr}_x(\gamma))$ whenever $x \in B$ is such that $\dim_H(\Gamma_x) > t$.

Proposition 3.3. *Let $t \geq 0$ and U be a Borel subset of the plane. There is a map*

$$\begin{aligned} \omega : \{x \in B : \dim_H(\Gamma_x \cap U) > t\} &\rightarrow \mathcal{M}(K) \\ x &\mapsto \omega_x \end{aligned}$$

such that:

- (1) ω is $\sigma(\mathbf{A})$ -measurable,
- (2) $\omega_x \in \mathcal{M}^t(K)$, and
- (3) $\omega_x(\text{gr}_x(\gamma) \cap \Pi^{-1}(U)) > 0$ and $\omega_x(K \setminus (\text{gr}_x(\gamma) \cap \Pi^{-1}(U))) = 0$ for each x .

(Here $\sigma(\mathbf{A})$ denotes the σ -algebra generated by the analytic sets in B .)

In particular, ω is μ -measurable for every Radon measure μ on B .

Proof. Let $E = \Pi^{-1}(U) \cap K$, a Borel set. Since

$$(B \times \mathcal{M}^t(K)) \cap \{(x, \nu) : \nu((\text{gr}(\gamma) \cap E)_x) > 0\} \cap \{(x, \nu) : \nu(K \setminus (\text{gr}(\gamma) \cap E)_x) = 0\}$$

is Borel in $B \times \mathcal{M}(K)$, claims (1), (2), and (3) follow from the Jankov-von Neumann Uniformisation Theorem, see [4, Theorem 18.1].

Lusin's Theorem, that analytic sets are universally measurable [4, Theorem 21.10], implies that sets in $\sigma(\mathbf{A})$ are also universally measurable. \square

We can now prove Proposition 3.1.

Proof of Proposition 3.1. Let $E = \{x \in C : \dim_H(\Gamma_x \cap U) > s\}$. From Proposition 3.2 (with $B = C$), we see that E is an analytic set. Hence by Theorem 2.1, since $\dim_H(E) > t$, there is a Radon measure μ and a compact set $B \subseteq C$ such that $0 < \mu(B) \leq 1$, and for each $x \in \mathbb{R}^2$ and $r > 0$,

$$\mu(B(x, r)) \leq r^t.$$

(Hence for any non-empty compact subset D of B , claim (1) of Proposition 3.1 holds.)

Proposition 3.3 enables us to find a $\sigma(\mathbf{A})$ -measurable function

$$\begin{aligned} \omega: B &\rightarrow \mathcal{M}^s(K) \\ x &\mapsto \omega_x, \end{aligned}$$

(where $K = \{(x, \theta, t) \in B \times S^1 \times I : x + t\hat{\theta} \in \Gamma\} = \Pi^{-1}(\Gamma)$) such that

$$\omega_x(\text{gr}_x(\gamma) \cap \Pi^{-1}(U)) > 0 \text{ and } \omega_x(K \setminus (\text{gr}_x(\gamma) \cap \Pi^{-1}(U))) = 0, \text{ for each } x \in B.$$

Moreover, there is a constant c such that $\omega_x(K) \leq c$ for all $x \in B$.

For Borel $E \subseteq K$, define

$$\Omega(E) = \int_B \omega_x(E) d\mu(x).$$

We omit the routine verification that Ω extends to a Radon measure on K on setting $\Omega^*(A) = \inf\{\Omega(E) : A \subseteq E \text{ and } E \text{ is Borel}\}$ for non-Borel sets A . Now

$$\Omega(\text{gr}(\gamma) \cap \Pi^{-1}(U)) > 0$$

and

$$\Omega(K \setminus (\text{gr}(\gamma) \cap \Pi^{-1}(U))) = 0.$$

Hence there is a compact set $K^{(1)} \subseteq \text{gr}(\gamma) \cap \Pi^{-1}(U)$ for which $\Omega(K^{(1)}) > 0$ and for each $x \in \pi(K^{(1)})$, $\omega_x(K^{(1)}) > 0$. (Here π denotes projection onto the first coordinate, $(x, r, \theta) \mapsto x$.) For $x \in \pi(K^{(1)})$, let

$$E_x = \Pi((K^{(1)})_x) = \Pi(K^{(1)} \cap \Pi^{-1}(U) \cap \text{gr}_x(\gamma)).$$

Notice that there is a constant $d \geq 1$ so that for each $x \in B$, any $u \in \Gamma$ and any $r > 0$,

$$\Pi^{-1}(B(u, r))_x \subseteq B(\Pi^{-1}(u)_x, dr).$$

Hence if, for $x \in B$, we define a Radon measure ν_x on Γ by

$$\nu_x(A) = d^{-s}\omega_x(\Pi^{-1}(A)) = d^{-s}\omega_x((\Pi^{-1}(A \cap U))_x), \text{ for } A \subseteq \mathbb{R}^2,$$

then for each $x \in B$, $0 < \nu_x(\mathbb{R}^2) \leq cd^{-s} \leq c$, $\nu_x(\mathbb{R}^2 \setminus (\Gamma_x \cap U)) = 0$ and for each $u \in \Gamma$ and $0 < r \leq 1$, $\nu_x(B(u, r)) \leq r^s$. Hence for each $x \in B$, claim (2)(a) holds for ν_x . Moreover, $x \mapsto \nu_x$ is a $\sigma(\mathbf{A})$ -measurable function.

It remains to show that claims (2)(b) and (c) hold for the measures ν_x and sets E_x provided that we make a suitable choice of sets D and F_x . Since $0 < \xi < s - 1$, by applying Lemma 2.4 to the measures $\nu_x|_{E_x}$, we find that for each $x \in \pi(K^{(1)})$ and for $\nu_x|_{E_x}$ -a.e. $u \in \Gamma_x \cap U$,

$$(3.1) \quad \min \left\{ \liminf_{r \searrow 0} \frac{\nu_x(E_x \cap T_x^+(u, r))}{r^{1+\xi}}, \liminf_{r \searrow 0} \frac{\nu_x(E_x \cap T_x^-(u, r))}{r^{1+\xi}} \right\} = +\infty.$$

That is, for each $x \in \pi(K^{(1)})$ and ω_x -a.e. $\zeta \in K^{(1)}$,

$$\liminf_{r \searrow 0} \frac{\omega_x(K^{(1)} \cap \Pi^{-1}(T_x^+(\Pi(\zeta), r)))}{r^{1+\xi}} = \liminf_{r \searrow 0} \frac{\omega_x(K^{(1)} \cap \Pi^{-1}(T_x^-(\Pi(\zeta), r)))}{r^{1+\xi}} = +\infty.$$

It is routine to verify $f: K^{(1)} \rightarrow \mathbb{R} \cup \{+\infty\}$ given by

$$f(x, \theta, t) = \min \left\{ \liminf_{r \searrow 0} \frac{\nu_x(E_x \cap T_x^+(x + t\hat{\theta}, r))}{r^{1+\xi}}, \liminf_{r \searrow 0} \frac{\nu_x(E_x \cap T_x^-(x + t\hat{\theta}, r))}{r^{1+\xi}} \right\}$$

is a universally measurable function, and so $K_\infty^{(1)} = \{\zeta \in K^{(1)} : f(\zeta) = +\infty\}$ is a universally measurable set with $\omega_x(K^{(1)} \setminus K_\infty^{(1)}) = 0$ for all $x \in \pi(K^{(1)})$. Hence $m^*(K^{(1)} \setminus K_\infty^{(1)}) = 0$. Now

$$K_\infty^{(1)} = \bigcap_{M \in \mathbb{N}} \bigcup_{n \in \mathbb{N}} K_{M,n}^{(1)}$$

where

$$K_{M,n}^{(1)} = \left\{ (x, \theta, t) \in K^{(1)} : \text{if } r \in (0, \frac{1}{n}], \text{ then} \right. \\ \left. \min \left\{ \nu_x(E_x \cap T^+(x + t\hat{\theta}, r)), \nu_x(E_x \cap T^-(x + t\hat{\theta}, r)) \right\} > Mr^{1+\xi} \right\}.$$

Thus we can find $M, n \in \mathbb{N}$ for which $m^*(K_{M,n}^{(1)}) > 0$, and so we can find a compact set $K^{(2)} \subseteq K_{M,n}^{(1)}$ with $m^*(K^{(2)}) > 0$. It follows that there is $p > 0$ and a compact set $D \subseteq \pi(K^{(2)}) \subseteq B$ for which $\mu(D) > 0$ and for all $x \in D$, we have $\omega_x(K^{(2)}) > p$. For $x \in D$, let

$$F_x = \Pi((K^{(2)})_x) \subseteq \Gamma_x \cap U$$

and notice that F_x is a compact subset of E_x with $\nu_x(F_x) = \omega_x(K^{(2)}) > p$, and for $u \in F_x$,

$$\min \left\{ \nu_x(E_x \cap T^+(u, r)), \nu_x(E_x \cap T^-(u, r)) \right\} > Mr^{1+\xi}.$$

On defining

$$\nu(E) = \int_D \nu_x(F_x \cap E) d\mu(x) \text{ for Borel sets } E,$$

and extending to non-Borel sets in the usual way, the proposition follows. \square

4. PROOF OF THEOREM 1.2

We now draw all our preparatory work together and prove Theorem 1.2.

Let Γ be a compact connected subset of the plane for which $1 < \dim_H(\Gamma) \leq 2$. If $\dim_H(\Gamma) = 2$, then set $d = 2$, otherwise choose $\dim_H(\Gamma) < d < 2$. Notice that, in either case, if ν is a non-zero Radon measure supported in Γ , then

$$I_d(\nu) = \iint |x - y|^{-d} d\nu(x) d\nu(y) = +\infty.$$

(If $d = 2$, then, since $\mathcal{H}^2(\Gamma) < \infty$, Theorem 8.7 of [6] implies $I_2(\nu) = +\infty$.)

It is enough for us to show that whenever C is closed ball disjoint from Γ with diameter sufficiently small compared with its distance to Γ , and U is a sufficiently small open set, then

$$\dim_H(\{x \in C : \dim_H(\Gamma_x \cap U) > s\}) \leq \frac{d-s}{s-1}.$$

So let C be a closed ball disjoint from Γ , and let U be an open set meeting Γ , and suppose that they both have small enough diameter so that

$$2 \operatorname{diam}(C) < \inf\{|x - u| : x \in C, u \in \Gamma\} = d_-, \text{ say,}$$

and

$$\langle (u-x)^\wedge, (u-y)^\wedge \rangle \in [\frac{1}{2}, 1] \text{ for each } u \in U \text{ and each } x, y \in C.$$

If $x, y \in C$, then $2|x - y| \leq d_- \leq \min\{d(x, \Gamma), d(y, \Gamma)\}$. Let $d_+ = \operatorname{diam}(C) + \operatorname{diam}(\Gamma) + \operatorname{dist}(C, \Gamma)$, and so

$$2|x - y| \leq d_- \leq \min\{d(x, \Gamma), d(y, \Gamma)\} \leq \max\{d(x, \Gamma), d(y, \Gamma)\} + \operatorname{diam}(\Gamma) \leq d_+.$$

Now suppose that $t > 0$ is such that

$$\dim_H(\{x \in B : \dim_H(\Gamma_x \cap U) > s\}) > t;$$

we aim to show that $t \leq (d-s)/(s-1)$.

Let $\xi \in (0, s-1)$. By Proposition 3.1, there are $M, p, q > 0$, a compact set $D \subseteq C$ and a Radon measure μ with $0 < \mu(D) \leq 1$ such that:

- (1) for each $x \in D$ and $r > 0$, $\mu(B(x, r)) \leq r^t$;
- (2) for each $x \in D$, there is a Radon measure ν_x and compact sets $F_x \subseteq E_x \subseteq U \cap \Gamma_x$ such that:
 - (a) $\nu_x(\mathbb{R}^2 \setminus \Gamma_x) = 0$, $\nu_x(\mathbb{R}^2) \leq c$ and for $0 < r \leq 1$ and $u \in \Gamma$, $\nu_x(B(u, r)) \leq r^s$;
 - (b) $\nu_x(F_x) > p$ and ;
 - (c) for $0 < r \leq q$ and $u \in F_x$,

$$\min\{\nu_x(T_x^+(u, r) \cap E_x), \nu_x(T_x^-(u, r) \cap E_x)\} > Mr^{1+\xi}.$$

Moreover ν given by

$$(4.1) \quad \nu(E) = \int_D \nu_x(F_x \cap E) d\mu(x) \quad \text{for Borel } E \subset \mathbb{R}^2$$

extends to a non-zero Radon measure on the plane.

Let $A, B \subseteq \mathbb{R}^2$ be compact and suppose that $\psi \in (0, 1/2)$ is such that for $u \in (A \cap F_x) \cup (B \cap F_y)$,

$$|\langle (u-x)^\wedge, (u-y)^\wedge \rangle| \in [1/2, 1-\psi].$$

Then all the hypotheses of Propositions 2.2 and 2.3 are satisfied (after suitable relabelling — in particular, replacing F_x by $A \cap F_x$ and F_y by $B \cap F_y$) and so, for $u \in A \cap F_x$, $v \in B \cap F_y$ and $0 < \rho \leq d_1 \psi^{\frac{1}{2} \frac{1}{s-1-\xi}}$, we find that

$$(4.2) \quad \nu_y(A \cap F_y \cap B(u, \rho)) \leq c_1 \psi^{-\frac{1}{2} \frac{s-1}{2+\xi-s}} \rho^{\frac{1+\xi}{2+\xi-s}}$$

and for $0 < \rho \leq d_2 \psi^{\frac{1}{2} \frac{1}{s-1-\xi}}$

$$(4.3) \quad \begin{aligned} & (\nu_x \otimes \nu_y)((F_x \times F_y) \cap (A \times B) \cap \{(u, v) : |u-v| \leq \rho\}) \\ & \leq c_2 \text{arc-diam}_{\frac{1}{2}(x+y)}(A \cap F_x \cap B(F_y \cap B, \rho)) (\psi^{-\frac{1}{2}} \rho)^{\frac{s+\xi}{2+\xi-s}}. \end{aligned}$$

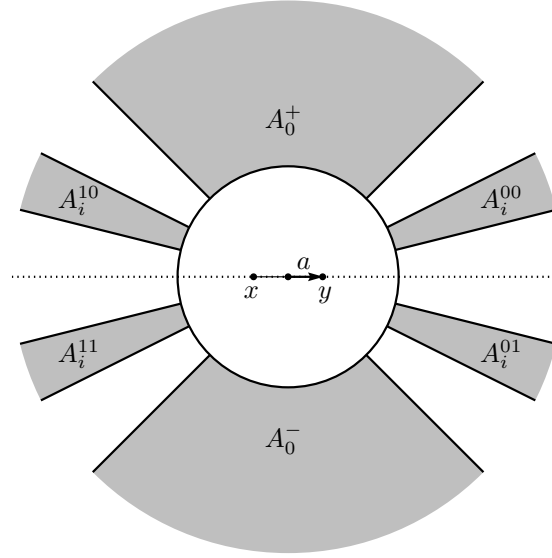
We now pull all our estimates together and explicitly calculate the d -energy of the measure ν given in equation (4.1). Noting that for $\tau > 0$,

$$\int |u-v|^{-\tau} d(\nu \times \nu)(u, v) = \int_{D \times D} \int_{F_x \times F_y} |u-v|^{-\tau} d(\nu_x \times \nu_y)(u, v) d(\mu \times \mu)(x, y),$$

and, since $I_d(\nu) = \int |u-v|^{-d} d(\nu \times \nu)(u, v) = +\infty$, we know

$$(4.4) \quad \int_{D \times D} \int_{F_x \times F_y} |u-v|^{-d} d(\nu_x \otimes \nu_y)(u, v) d(\mu \otimes \mu)(x, y) = +\infty.$$

Now fix $x \neq y \in D$ — we aim to estimate the inner integral of (4.4) using equations (4.2) and (4.3). In order to reduce writing, we translate so that $\frac{1}{2}(x+y) = 0$ and let $a = y$, so $|x-y| = 2|a|$.

FIGURE 6. A_i^{mn} .

Using Fubini's theorem, we find that

$$\begin{aligned}
 & \int_{F_x \times F_y} |u - v|^{-d} d(\nu_x \otimes \nu_y)(u, v) \\
 &= \int_0^\infty (\nu_x \otimes \nu_y) (\{(u, v) \in F_x \times F_y : |u - v|^{-d} \geq r\}) dr \\
 &= d \int_0^\infty \rho^{-d-1} (\nu_x \otimes \nu_y) (\{(u, v) \in F_x \times F_y : |u - v| \leq \rho\}) d\rho \\
 (4.5) \quad &= d \int_{F_x} \int_0^\infty \rho^{-d-1} \nu_y(F_y \cap B(u, \rho)) d\rho d\nu_x(u).
 \end{aligned}$$

We now split the plane up into regions where we can estimate the 'angle' ψ subtended by points in the region with 0 and a . Let

$$A_0^+ = \{w \in A(0, d_-, d_+) : \langle w, a^\perp \rangle \geq |\langle w, a \rangle|\},$$

$$A_0^- = \{w \in A(0, d_-, d_+) : \langle w, a^\perp \rangle \leq -|\langle w, a \rangle|\},$$

and for $m, n \in \{0, 1\}$ and $i \in \mathbb{N}$, set

$$\begin{aligned}
 A_i^{mn} = & \{w \in A(0, d_-, d_+) : |\langle w, a^\perp \rangle / \langle w, a \rangle| \in [2^{-i}, 2^{1-i}], \\
 & (-1)^n \langle w, a^\perp \rangle > 0 \text{ and } (-1)^m \langle w, a \rangle > 0\},
 \end{aligned}$$

noting that

$$\text{arc-diam}_0(A_i^{mn}) \preceq 2^{-i}.$$

(Here, and subsequently, we let \preceq denote inequality up to a finite positive constant that is independent of x and y .)

Observe that Lemma 2.2 implies that for $w \in A_i^{mn}$,

$$\frac{3}{5} \leq \frac{\langle w - a, w + a \rangle}{|w - a||w + a|} \leq 1 - \frac{9}{17d_+^2} (|a|2^{-i})^2,$$

and for $w \in A_0^+ \cup A_0^-$,

$$\frac{3}{5} \leq \frac{\langle w-a, w+a \rangle}{|w-a||w+a|} \leq 1 - \frac{9}{17d_+^2}|a|^2.$$

For $i \in \{0\} \cup \mathbb{N}$, let $\psi_i = \left(\frac{2}{5} \frac{d}{d_2} |a| 2^{-i}\right)^2$ and let $\rho_i = d_2 \psi_i^{\frac{1}{2} \frac{1}{s-1-\xi}}$. Observe that if $u \in A_i^{mn}$ and $|u-v| \leq \rho_i$ with $v \in A(0, d_-, d_+)$, then $v \in A_{i-1}^{mn} \cup A_i^{mn} \cup A_{i+1}^{mn}$, since $\rho_i \leq \frac{2}{5} d_- 2^{-i}$. Similarly, if $u \in A_0^+ \cup A_0^-$, and $v \in A(0, d_-, d_+)$ with $|u-v| \leq \rho_0$, then $v \in A_1^{mn}$ for some choice of m and n .

Writing $f(\rho) = \rho^{-d-1} \nu_y(F_y \cap B(u, \rho))$, we let

$$I_0^\pm = \int_{F_x \cap A_0^\pm} \int_0^\infty f(\rho) d\rho d\nu_x(u) \text{ and } I_i^{mn} = \int_{F_x \cap A_i^{mn}} \int_0^\infty f(\rho) d\rho d\nu_x(u).$$

We must estimate (4.5), and so must estimate,

$$\begin{aligned} & \int_{F_x} \int_0^\infty \rho^{-d-1} \nu_y(F_y \cap B(u, \rho)) d\rho d\nu_x(u) \\ &= \left(\int_{F_x \cap A_0^+} + \int_{F_x \cap A_0^-} + \sum_{m,n=0}^1 \sum_{i=1}^\infty \int_{F_x \cap A_i^{mn}} \right) \int_0^\infty f(\rho) d\rho d\nu_x(u) \\ &= I_0^+ + I_0^- + \sum_{m,n=0}^1 \sum_{i=1}^\infty I_i^{mn}. \end{aligned}$$

However

$$\begin{aligned} I_i^{mn} &= \int_{F_x \cap A_i^{mn}} \left(\int_0^{\rho_i} + \int_{\rho_i}^\infty \right) f(\rho) d\rho d\nu_x(u) \\ &= \int_{F_x \cap A_i^{mn} \cap B(F_y \cap B(A_i^{mn}, \rho_i), \rho_i)} \int_0^{\rho_i} f(\rho) d\rho d\nu_x(u) + \int_{F_x \cap A_i^{mn}} \int_{\rho_i}^\infty f(\rho) d\rho d\nu_x(u) \\ &= I_{i,1}^{mn} + I_{i,2}^{mn}, \text{ say.} \end{aligned}$$

Lemma 4.1. *Suppose that $V \subseteq A(0, d_-, d_+)$ and $0 < r < 1$. Then*

$$\int_{F_x \cap V} \int_r^\infty f(\rho) d\rho d\nu_x(u) \preceq r^{s-d} \text{arc-diam}_0(F_x \cap V)^{s-1}.$$

Proof. Using the crude estimate that for $u \in F_x \cap V$, $\nu_y(F_y \cap B(u, \rho)) \leq \min\{c, 2^s \rho^s\}$ together with Lemma 2.3, we find

$$\begin{aligned} \int_{F_x \cap V} \int_r^\infty f(\rho) d\rho d\nu_x(u) &\leq \left(\frac{2^s}{d-s} r^{s-d} + \frac{2^d}{d} c^{1-d/s} \right) \nu_x(F_x \cap V) \\ &\preceq r^{s-d} \text{arc-diam}_0(F_x \cap V)^{s-1}. \end{aligned}$$

□

In particular, Lemma 4.1 implies that

$$I_{i,2}^{mn} \preceq \rho_i^{s-d} \text{arc-diam}_0(F_x \cap A_i^{mn})^{s-1} \preceq |a|^{\frac{s-d}{s-1-\xi}} 2^{-\left(\frac{s-d}{s-1-\xi} + s-1\right)i}.$$

In order to estimate $I_{i,1}^{mn}$, we use equation (4.3), Fubini's theorem and the fact that if $u \in F_x \cap A_i^{mn}$ and $v \in B(u, \rho_i) \cap F_y$, then $v \in A_{i-1}^{mn} \cup A_i^{mn} \cup A_{i+1}^{mn}$, to calculate

that, provided $\frac{s+\xi}{2+\xi-s} - d > 0$,

$$\begin{aligned}
 & I_{i,1}^{mn} \\
 &= \int_0^{\rho_i} \rho^{-d-1} (\nu_x \otimes \nu_y) \{ (u, v) \in (F_x \cap A_i^{mn}) \times (F_y \cap B(A_i^{mn}, \rho)) : |u - v| \leq \rho \} d\rho \\
 &\leq c_2 \text{arc-diam}_0(A_i^{mn} \cap F_x) \int_0^{\rho_i} \rho^{-d-1} (\psi_{i+1}^{-\frac{1}{2}} \rho)^{\frac{s+\xi}{2+\xi-s}} d\rho \\
 &\preceq \text{arc-diam}_0(A_i^{mn} \cap F_x) \psi_{i+1}^{-\frac{1}{2} \frac{s+\xi}{2+\xi-s}} \rho_i^{\frac{s+\xi}{2+\xi-s} - d} \\
 &\preceq \text{arc-diam}_0(A_i^{mn} \cap F_x) \psi_i^{\frac{1}{2} \left(\frac{s+\xi-d}{s-1-\xi} \right)} \\
 &\preceq |a|^{\frac{s+\xi-d}{s-1-\xi}} 2^{-i \left(\frac{2s-1-d}{s-1-\xi} \right)}.
 \end{aligned}$$

Combining these estimates for $I_{i,1}^{mn}$ and $I_{i,2}^{mn}$, we deduce that, provided $\frac{s+\xi}{2+\xi-s} - d > 0$,

$$\begin{aligned}
 I_i^{mn} &\preceq |a|^{\frac{s+\xi-d}{s-1-\xi}} 2^{-i \left(\frac{2s-1-d}{s-1-\xi} \right)} + |a|^{\frac{s-d}{s-1-\xi}} (2^{-i})^{\frac{s-d}{s-1-\xi} + s-1} \\
 &= |a|^{\frac{s-d}{s-1-\xi}} \left((2^{-i})^{\frac{2s-1-d}{s-1-\xi}} + (2^{-i})^{\frac{s-d}{s-1-\xi} + s-1} \right).
 \end{aligned}$$

Hence

$$\sum_{m,n=0}^1 \sum_{i=1}^{\infty} I_i^{mn} \preceq |a|^{\frac{s-d}{s-1-\xi}},$$

provided that $m = \min \left\{ \frac{s+\xi}{2+\xi-s} - d, \frac{2s-1-d}{s-1-\xi}, \frac{s-d}{s-1-\xi} + s-1 \right\} > 0$. Estimating I_0^+ and I_0^- in a similar way, we find

$$I_0^+ + I_0^- + \sum_{m,n=0}^1 \sum_{i=1}^{\infty} I_i^{mn} \preceq |a|^{\frac{s-d}{s-1-\xi}},$$

provided that $m > 0$. Hence,

$$\int_{F_x \times F_y} |u - v|^{-d} d(\nu_x \otimes \nu_y)(u, v) \preceq |x - y|^{-\frac{d-s}{s-1-\xi}}, \text{ provided that } m > 0.$$

Thus, if $m > 0$, then

$$+\infty = I_d(\nu) \preceq I_{\frac{d-s}{s-1-\xi}}(\mu)$$

and this gives a contradiction if $\frac{d-s}{s-1-\xi} < t$, the dimension of μ . Since $0 < \xi < s-1$ can be arbitrarily small, it follows that if $s > \max \left\{ \frac{1}{2}(d+1), \frac{2d}{d+1}, \frac{1}{2} + \sqrt{d - \frac{3}{4}} \right\} = \frac{1}{2} + \sqrt{d - \frac{3}{4}}$, then $t \leq \frac{d-s}{s-1}$ and Theorem 1.2 (and hence Theorem 1.1) follows.

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